



# **NCC REPORT 2021-22**

**ST. THOMAS COLLEGE (AUTONOMOUS), THRISSUR**

**No. 1 COMPANY**

**23(K) BN NCC THRISSUR**

**ERNAKULAM GROUP**

**K&L DTE**

# PLOGGING PROGRAM

DATE:-13 APRIL 2021


On 13th April, cadets participated in a Plogging Program to remove waste from urban areas.




# WORLD MALARIA DAY

DATE:-25 APRIL 2021

On 25th April, cadets observed World Malaria Day to create a sense of awareness and to prevent the disease from spreading in our surroundings.



**ST. THOMAS COLLEGE (AUTONOMOUS).**  
**THRISSUR**  
**23(K) BN NCC 1ST COY**



**WORLD MALARIA DAY**

**25 APRIL 2021**

**"Zero Malaria-Draw the line  
against Malaria"**

The graphic features a background of a mosquito crossed out by a red prohibition sign. The text is centered and uses various colors and bolding for emphasis.

# INTERNATIONAL FIREFIGHTERS' DAY

DATE:-4 MAY 2021

On 4th May, cadets observed the International Firefighters' Day in honoring brave firefighters' around the world who are ready to save anyone at any time.



**ST THOMAS COLLEGE  
(AUTONOMOUS)  
THRISSUR  
23(K)BN NCC  
1ST COY**



**INTERNATIONAL  
FIREFIGHTERS DAY  
MAY 4 2021**

**"We serve to save"**

Firefighters Never Die, They Just Burn  
Forever in the Hearts of the People Whose  
Lives They Saved.

- Susan Murphree

# INTERNATIONAL NURSE DAY

DATE:-12 MAY 2021

On 12th May, cadets observed International Nurses Day and thereby mark the contributions that nurses make to society.



St Thomas college (Autonomous)  
Thrissur  
23(K) BN NCC 1st COY



## INTERNATIONAL NURSE DAY MAY 12 2021



**N - NOBILITY**  
**U - USEFULNESS**  
**R - RESPONSIBILITY**  
**S - SIMPLICITY**  
**E - EFFICIENCY**

" Every nurse was drawn to nursing because of a desire to care, to serve, and to help "  
- Christina feist heilmeyer



# WORLD TOBACCO DAY

DATE:-31 MAY 2021

On 31st May, cadets observed World Tobacco Day to create an awareness among the youth about the negative sides of smoking and to force smokers to quit smoking to lead a healthy and beautiful life.



# WORLD ENVIRONMENT DAY

DATE:-05 JUNE 2021

On 5th June, cadets observed World Environment Day by conducting an online photography event (click-o-grapher) about the environment day.



A poster for the 'CLICK-O-GRAPHER' photo contest. The background is a close-up of two hands cupping a mound of dark soil with a small green plant growing from it. At the top left is the St. Thomas College logo with the motto 'VERITAS VOX LIBERABIT VOS'. At the top right is the NCC logo. The text reads: 'ST. THOMAS COLLEGE, THRISSUR', '23(k)BN NCC 1st COY PRESENTS', 'WORLD ENVIRONMENT DAY JUNE 5TH 2021', 'ATTRACTIVE CASH PRIZE FOR 1ST &amp; RUNNER UP', 'CLICK-O-GRAPHER', 'Photo contest in relation to the world environment day', and contact information for Hrishikesh (8078862248) and Vishal (8078201392). The Instagram handle @stc\_ncc is at the bottom right.

# WORLD DAY AGAINST CHILD LABOUR

DATE:-12 JUNE 2021

On 12th June, cadets observed the World Day Against Child Labour to create a sense of awareness and to pay attention to the problem of child labour and to find ways to eradicate it.



ST THOMAS COLLEGE(AUTONOMOUS), THRISSUR

23(K)BN NCC 1ST COY



## WORLD DAY AGAINST CHILD LABOUR

### 12TH JUNE 2021



"Remember our future lies in these tiny hands.. "



# WORLD BLOOD DONOR DAY

DATE:-14 JUNE 2021

On 14th June, cadets observed World Blood Donor Day to spread awareness for the importance of donating blood for saving lives.



St Thomas College (Autonomous)  
Thrissur

23K BN NCC 1st COY



**WORLD BLOOD DONOR DAY**

**JUNE 14, 2021**



**"You don't have to be a doctor to save lives,  
Just donate blood because  
It's simple, it's safe and it's saves life"**

# INTERNATIONAL YOGA DAY

DATE:-21 JUNE 2021

On 21st June, cadets observed Yoga Day by performing various yoga poses to create a sense of awareness about the need of yoga in our daily life for a healthy body and mind.



**ST THOMAS COLLEGE (AUTONOMOUS)  
THRISSUR  
NCC 23K BN**

**WE, THE CADETS OF ST. THOMAS COLLEGE(AUTONOMOUS),THRISSUR ARE  
CELEBRATING THE INTERNATIONAL YOGA DAY ON  
21ST JUNE (7AM TO 8AM) 2021.**

**ANXIETY AND DEPRESSION ARE QUITE COMMON IN THE MODERN LIFE. ONE  
SHOULD UNDERSTAND THAT MENTAL HEALTH IS ALSO AN ESSENTIAL PART OF  
ONE'S SURVIVAL. ONE SHOULD PRACTICE YOGA TO ACHIEVE A BETTER PHYSICAL  
AS WELL AS MENTAL HEALTH. THEREFORE, CONSIDERING THE CURRENT  
PANDEMIC SITUATION, THE CADETS HAVE DECIDED TO ILLUMINATE VARIOUS  
ASPECTS OF YOGA FROM OUR VERY HOME'S.**

**WE ARE INVITING EACH AND EVERYONE OF YOU TO JOIN US IN  
THIS INITIATIVE BY SENDING US A PICTURE OF YOU DOING YOGA  
TO OUR INSTAGRAM ACCOUNT.**

 **stc\_ncc**

# INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING

DATE:-26 JUNE 2021

On 26th June 2021, cadets conducted a webinar regarding International Day Against Drug Abuse And Illicit Trafficking. The session was led by civil excise officer Chandran C K.

**ST. THOMAS COLLEGE (AUTONOMOUS)  
THRISSUR**

**INTERNATIONAL DAY AGAINST DRUG ABUSE AND  
26 JUNE 2021 ILLICIT TRAFFICKING**

*Drug abuse and illicit drug trafficking are a few evils residing in our society. Drug trafficking is a cancer which poisons humanity and the well-being of youth. It also affects the socio-economic and political stability of our nation.*

*We, the NCC cadets of St. Thomas College (Autonomous), Thrissur are conducting an interactive session with Mr. Chandran C K, Civil Excise Officer, Excise Circle Office, Vatanapilly to enlighten the youth for a better tomorrow.*

**TIME:  
2.30 PM - 3.30 PM**

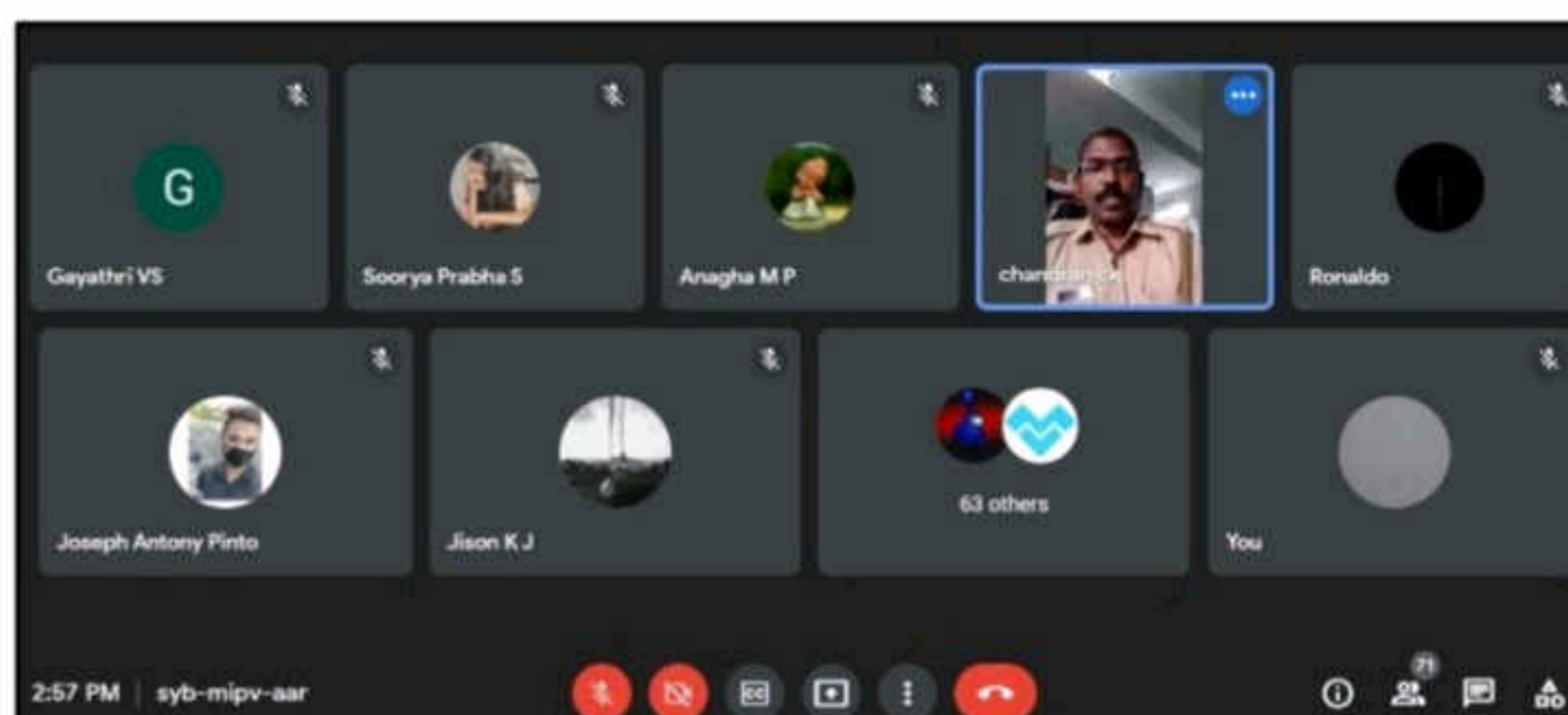
**NCC 23 K BN  
1st COY**

**A talk on Drug Abuse and Illicit Trafficking**

**Resource Person :-**

**Chandran C K  
Civil Excise Officer**

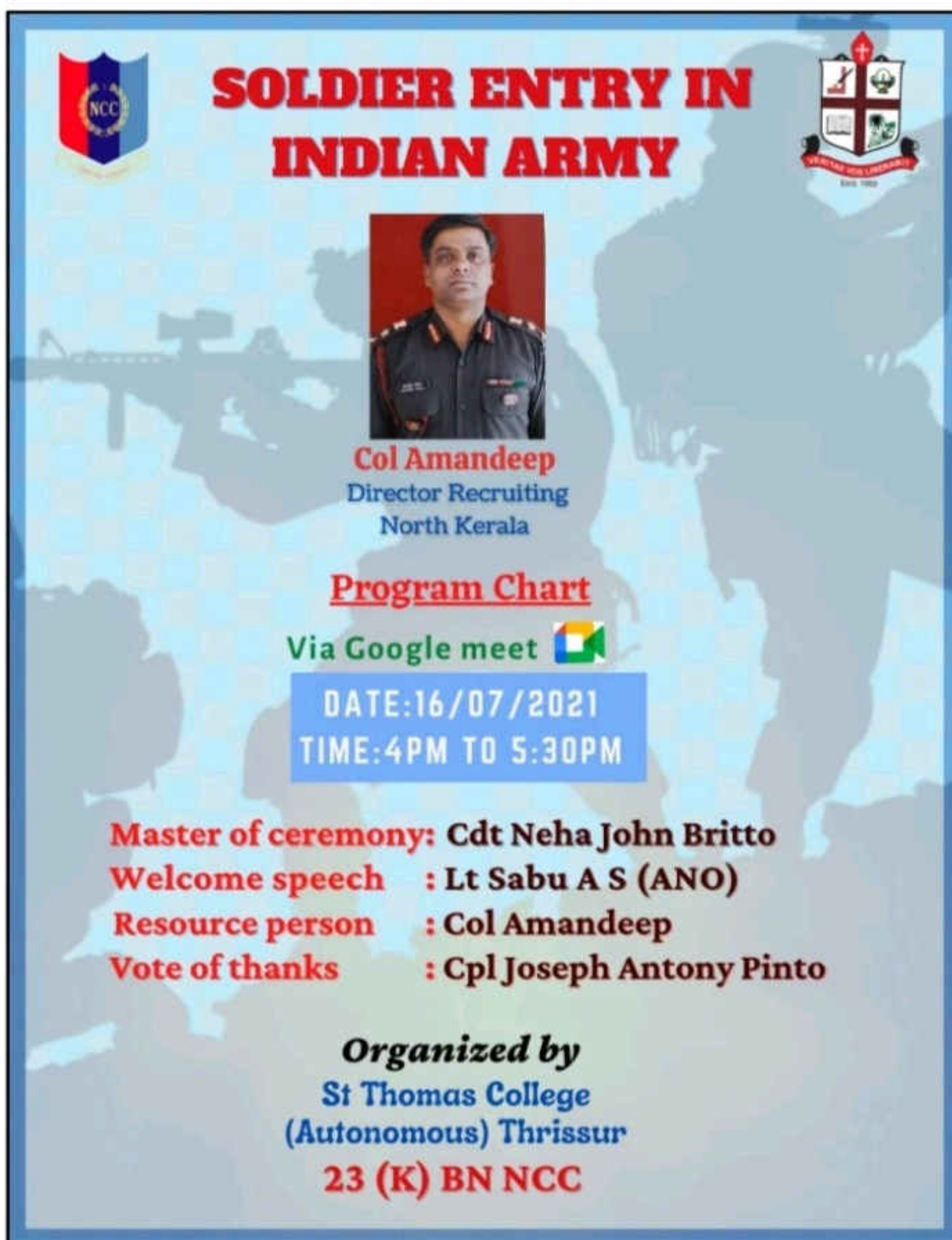
- Inauguration: Rev. Dr. Martin K.A (Principal, St. Thomas College (Autonomous), Thrissur)
- Convener : Lt. Sabu A.S (ANO)
- Coordinator : CPL. Joseph Antony Pinto



# SOLDIER ENTRY

DATE:-16 JULY 2021

On 16th July 2021, the 23(K) BN organised a webinar on 'SOLDIER ENTRY IN INDIAN ARMY'. This gave us the basic knowledge on how to join armed forces. Webinar was indeed helpful for those who wish to be in armed forces.



**SOLDIER ENTRY IN INDIAN ARMY**

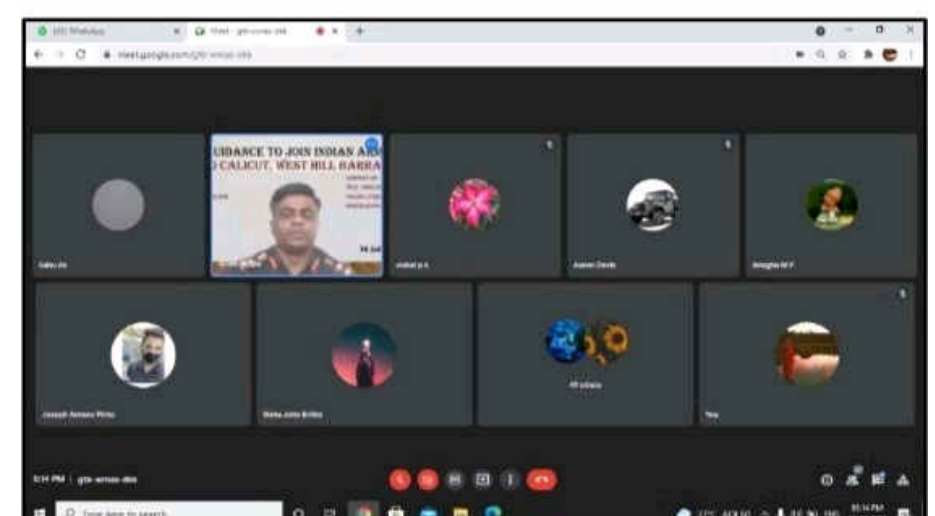
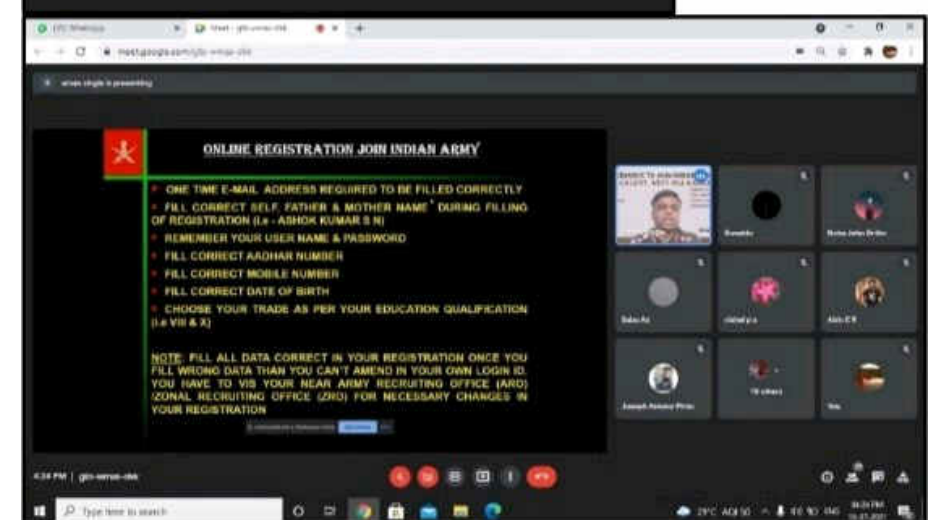
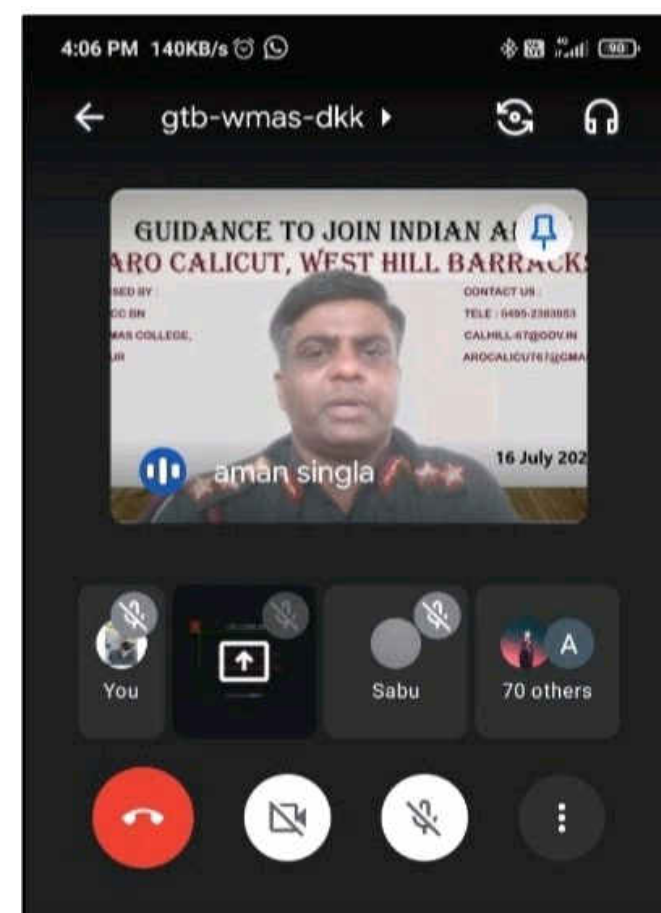
**Col Amandeep**  
Director Recruiting  
North Kerala

**Program Chart**  
Via Google meet

**DATE:16/07/2021**  
**TIME:4PM TO 5:30PM**

**Master of ceremony:** Cdt Neha John Britto  
**Welcome speech :** Lt Sabu A S (ANO)  
**Resource person :** Col Amandeep  
**Vote of thanks :** Cpl Joseph Antony Pinto

**Organized by**  
St Thomas College  
(Autonomous) Thrissur  
**23 (K) BN NCC**



# KARGIL VIJAY DIWAS

DATE:-26 JULY 2021

On 26th July, cadets celebrated Kargil Vijay Diwas in honoring brave soldiers and martyrs who lost their lives during the kargil war to protect the borders of our nation. On that day, cadets conducted an online speech competition related to Kargil Vijay Diwas.

**ST. THOMAS COLLEGE,**  
**(AUTONOMOUS) THRISSUR**  
23(k)BN NCC 1st COY PRESENTS

**KARGIL VIJAY DIWAS**  
26 July 2021

**"SPEECH WEAVERS"**  
Speech contest related to  
"Kargil Vijay Diwas"



Attractive cash prize for 1st & runner up

Send your video and for enquiry  
Bhagya Murali :8593052065  
Manu Joy :8547050204


# HIROSHIMA AND NAGASAKI DAY

DATE:-06 & 09 AUGUST 2021

Cadets commemorated Hiroshima Day on 6th August, and Nagasaki Day on 9th August. We aimed to create a portrait about the horrors of war caused by nuclear attack on Hiroshima and Nagasaki.

 **ST. THOMAS COLLEGE  
(AUTONOMOUS) THRISSUR**  
**23(K) BN NCC 1ST COY** 

**NAGASAKI DAY**  
9 AUGUST 2021



**No more  
FAT MAN and LITTLE BOY**

**"After Nagasaki was bombed, I saw a photograph of the side of a house with the shadows of the people who had lived there burned into the wall from the intensity of the bomb. The people were gone, but their shadows remained."**

**# HUMANITY**

 **ST. THOMAS COLLEGE(AUTONOMOUS)  
THRISSUR**  
**23(K) BN NCC 1ST COY** 

**HIROSHIMA DAY**  
6 AUGUST 2021



**"Nuclear weapons cost the earth,  
but peace is priceless."**

# RASHTRAGAAN

DATE:-10 AUGUST 2021

Cadets participated in the event RASHTRAGAAN,  
an initiative by Ministry of Culture to mark  
AZADI KA AMRIT MAHOTSAV.



# FIT INDIA FREEDOM RUN 2.0

DATE:-10 AUGUST- 2 OCTOBER 2021

On 10th August, cadets participated in the Fit India Freedom Run program and covered 180 km. This program intended to mould the young generation to be healthy and fit.



**ST THOMAS COLLEGE  
(AUTONOMOUS) THRISSUR**



23 (K) BN NCC  
1st COY



**ST THOMAS COLLEGE  
(AUTONOMOUS) THRISSUR**



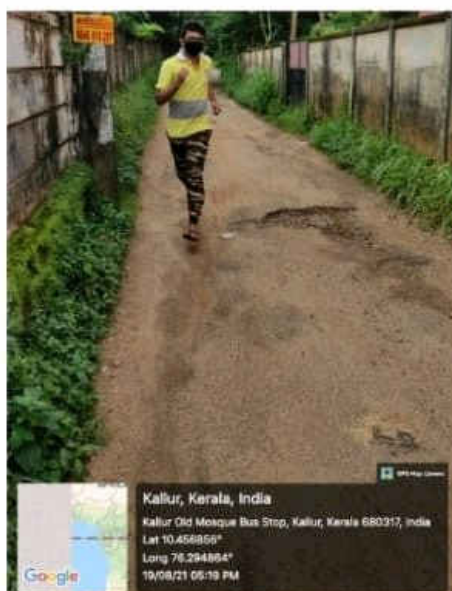
23 (K) BN NCC  
1st COY



**FIT INDIA  
FREEDOM RUN 2.0**

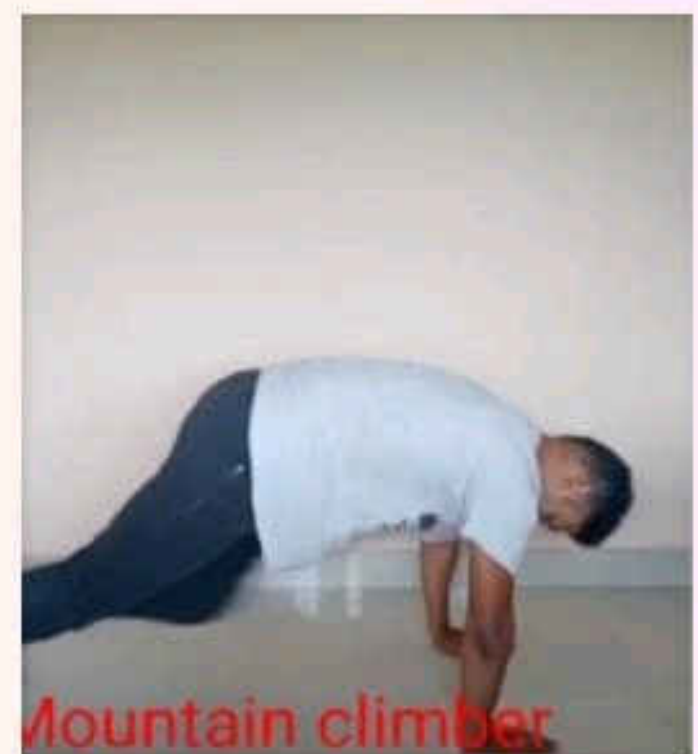
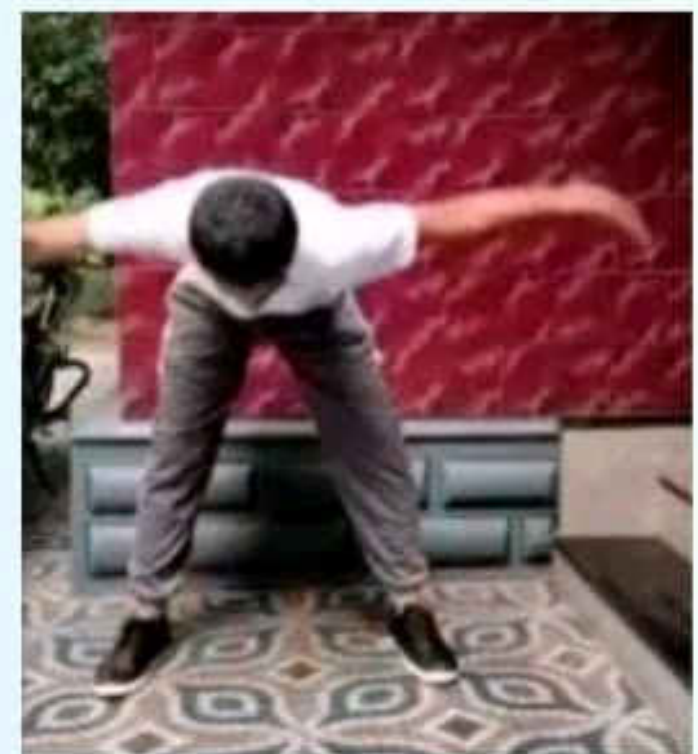


**FIT INDIA  
FREEDOM RUN 2.0**



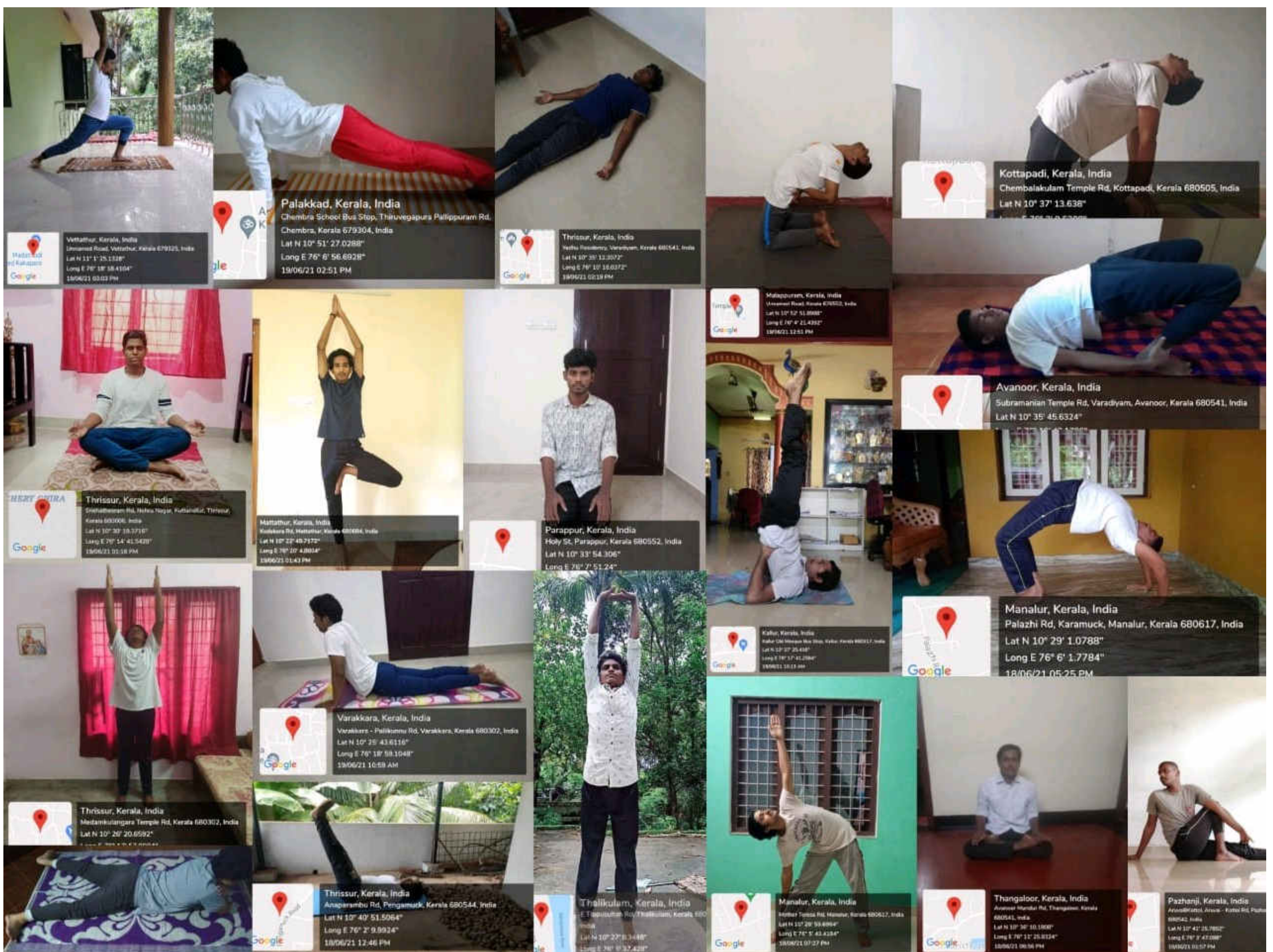


# FIT INDIA



# FIT INDIA - YOGA

As a part of Fit India program, cadets did Yoga to spread awareness about the importance of fitness and the role of Yoga in keeping our body fit and healthy.



# INDEPENDENCE DAY

DATE:-15 AUGUST 2021

On 15th August, Independence Day was celebrated by following covid protocol. The National Flag was hosted by the Principal and cadets participated in the event. Cadets also conducted a patriotic song competition "OF THEE WE SING"

ST. THOMAS COLLEGE  
(AUTONOMOUS), THRISSUR  
23(K)BN NCC 1st COY

**"OF THEE WE SING..."**  
**15 AUGUST 2021**

**PATRIOTIC SONG COMPETITION  
RELATED TO  
75TH INDEPENDENCE DAY**

Attractive cash prize for  
First and  
Runner up

- Send your video and for enquiry.  
Vishal P S: 8078201392  
Smisha K T: 9207140979

stc\_ncc

## GUIDELINES


- **The video should not exceed 5 minutes.**
- **Only Malayalam, Hindi or English songs are allowed.**
- **Judgement will be based on lyrics, rhythm and diction.**
- **Video editing and karaoke is not allowed.**
- **Only single shot videos are allowed.**
- **The video should be taken in the landscape mode.**
- **All the participants are requested to add the following details while sending the video:-  
Name, Department, Year, College**
- **The contest is open to all college students.**
- **Video should be sent to the given contact numbers through Telegram only.**
- **The deadline for video submission is on 15/08/2021.**
- **The result would be published on 20/08/2021 at 10 AM on our Instagram page at stc\_ncc.**
- **Decision of Jury will be final.**

**OF THEE WE SING...**


# ORGANIZATIONAL STRUCTURE OF NCC

DATE:-18 AUGUST 2021

On 18th August, cadets participated in a webinar about the Organizational Structure Of NCC.




**ST. THOMAS COLLEGE(AUTONOMOUS)  
THRISSUR**  
23 (K) BN NCC 1ST COY



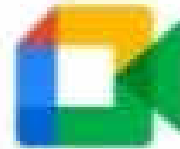
**A Webinar on the topic  
'ORGANIZATIONAL STRUCTURE OF NCC'**

Resource Person



**Capt Faizal K V, ANO, AIHSS PADOOR  
23 (K) BN NCC THRISSUR**

AUGUST 18, 2021  
4 PM

VIA GOOGLE MEET  


---

Dr.(Fr.) Martin K A  
Principal in charge

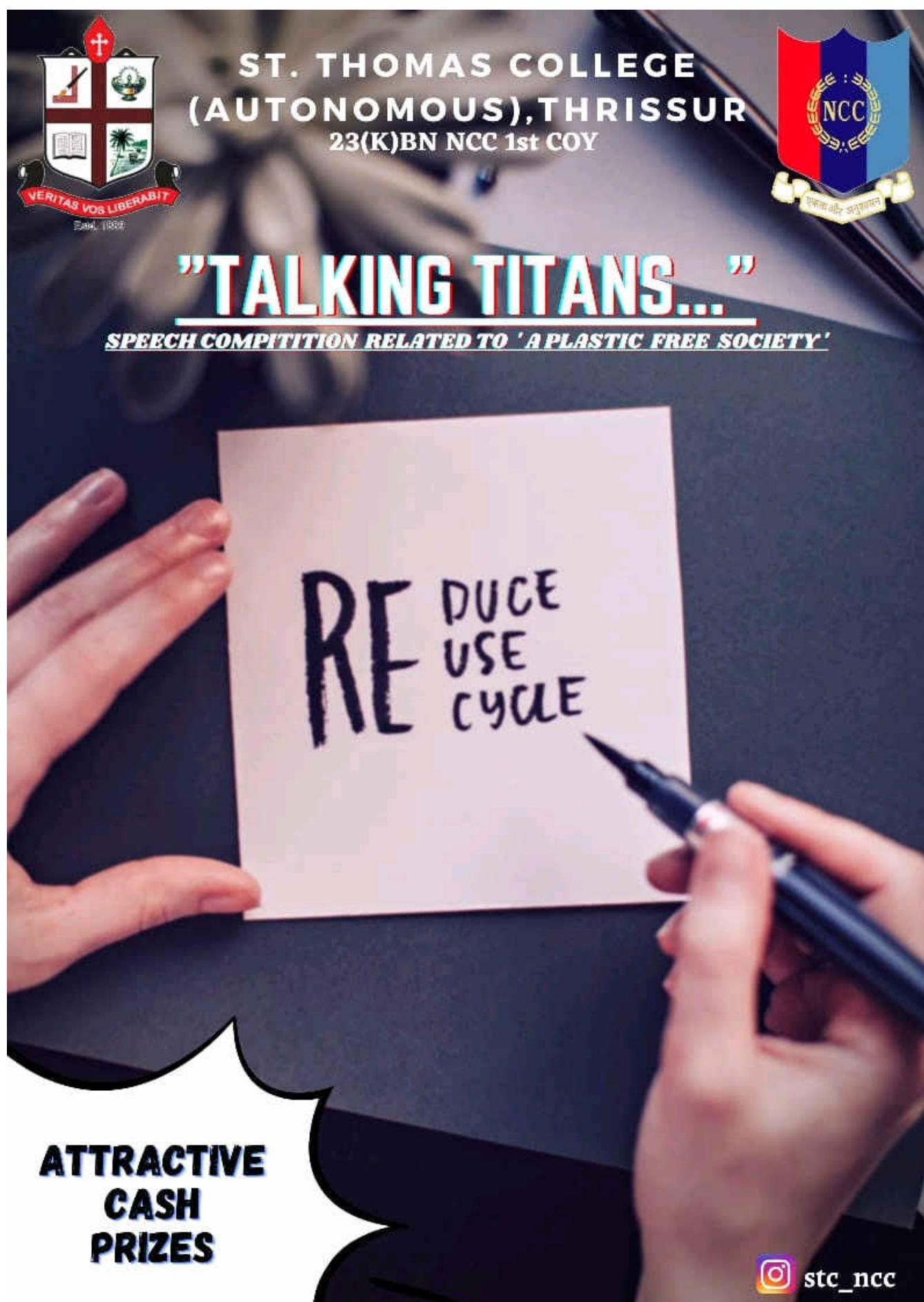
ANO, Lt Sabu A S  
Convenor

CSUO Joseph Antony Pinto  
Coordinator

# REDUCE USE CYCLE

DATE:-22 AUGUST 2021

Plastic, though helpful in many ways, have proven extremely harmful to the environment . As NCC Cadets we spent time to know about the danger of plastic and delivered a speech and made a documentary to make students aware of plastic usage.



# WORLD SUICIDE PREVENTION DAY

DATE:-10 SEPTEMBER 2021

On 10th September, cadets observed World Suicide Prevention Day to create an awareness about the value of life and to prevent suicides around the world.

 **St. Thomas College (Autonomous), Thrissur**  
**23(K) BN NCC 1st COY** 

**WORLD SUICIDE PREVENTION DAY**  
**10th September 2021**

**Today, we remind ourselves to look after one another.**

**Think you know someone who is struggling?  
Let them know that they are not alone....**

**5 Action Steps for Helping Someone in Emotional Pain**

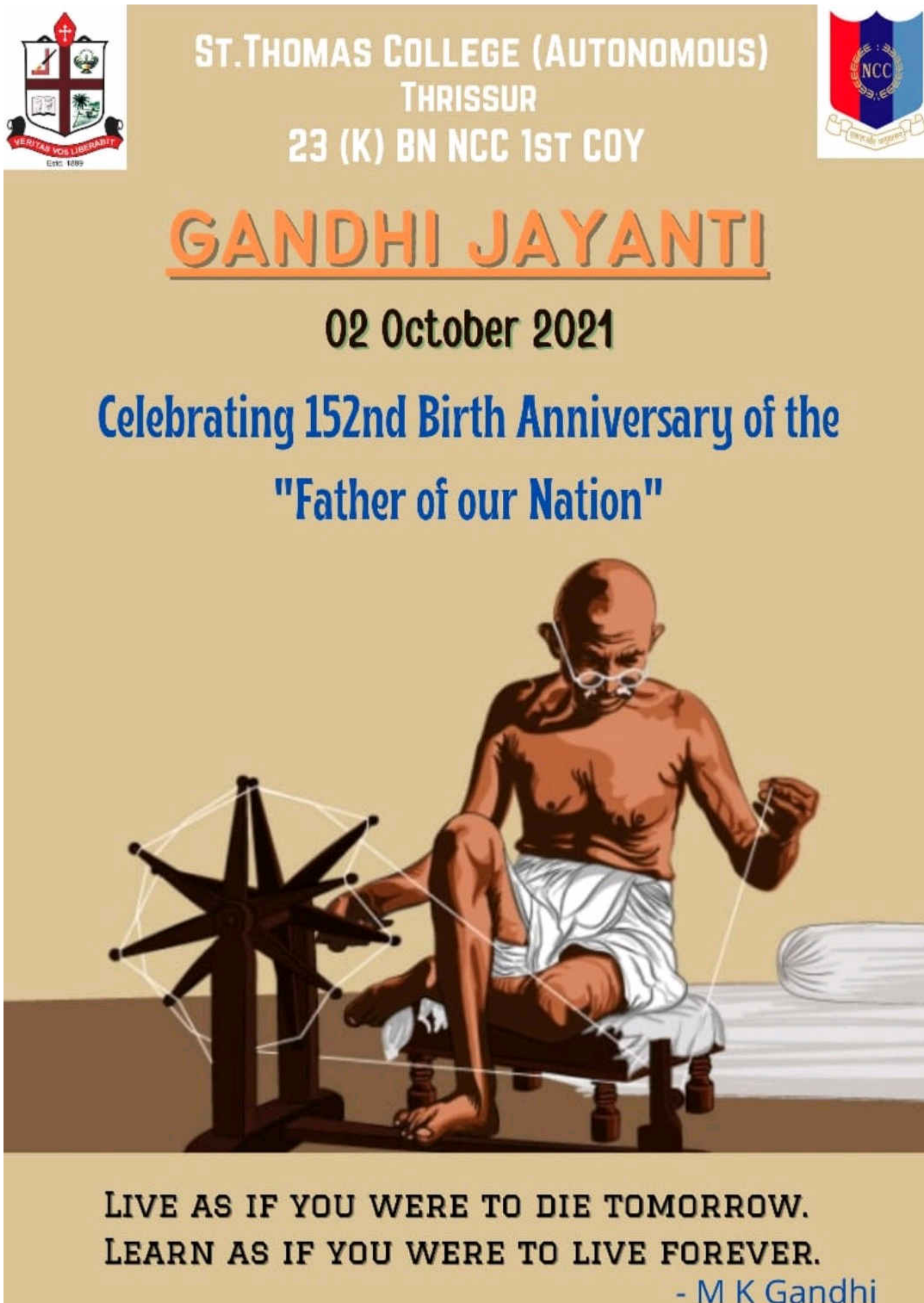
 <b>ASK</b> "Are you thinking about killing yourself?"	 <b>KEEP THEM SAFE</b> Reduce access to lethal items or places.	 <b>BE THERE</b> Listen carefully and acknowledge their feelings.	 <b>HELP THEM CONNECT</b> Suicide helpline numbers: Maithri:+91 484 2540530 Pratheeksha:+91 0484 244883 DISHA:1055	 <b>STAY CONNECTED</b> Follow up and stay in touch after a crisis.
---	--	---	--	---

**TAKE A MOMENT  TO REMEMBER:**  
**THERE IS HELP, THERE IS HOPE.**

# GANDHI JAYANTI

DATE:- 02 OCTOBER 2021

On 2 October 2021, NCC Cadets celebrated the birthday of Mahatma Gandhi. Cadets cleaned their premises & created a video about importance of hygienic and healthy India.



ST. THOMAS COLLEGE (AUTONOMOUS)  
THRISSUR  
23 (K) BN NCC 1ST COY

**GANDHI JAYANTI**

02 October 2021

Celebrating 152nd Birth Anniversary of the  
"Father of our Nation"

LIVE AS IF YOU WERE TO DIE TOMORROW.  
LEARN AS IF YOU WERE TO LIVE FOREVER.  
- M K Gandhi

# WILD LIFE WEEK

DATE:- 2 - 8 OCTOBER 2021

From October 2nd to 8th October, Wild Life Week was observed. On 6th October, cadets conducted a webinar on various wildlife conservation projects in India. This created a strong awareness among everyone about the importance of wildlife.

**ST. THOMAS COLLEGE (AUTONOMOUS)**  
**THRISSUR**  
23(k)BN NCC 1ST COY

**#WILDLIFEMATTERS**  
Wildlife week celebrations 2021  
2nd - 8th October

Video Presentation on  
**“WILDLIFE CONSERVATION PROJECTS IN INDIA”**

Date	Time
6th October 2021	04:00 PM to 05:00 PM

Via Google Meet

Kindly welcoming you all to contribute to this programme and make the event a grand success

For further details contact the number given below

Dr. (Fr.) Martin K A    ANO, Lt Sabu A S    CUO Varsha C B  
Principal                      Convenor                      Coordinator  
Mob no : 8592820596

**ST. THOMAS COLLEGE (AUTONOMOUS), THRISSUR**  
23(K)BN NCC 1st COY PRESENTS

**WILD LIFE WEEK CELEBRATIONS 2021**  
FROM OCTOBER 2nd TO 8th

*“IF WE CAN TEACH PEOPLE ABOUT WILDLIFE, THEY WILL BE TOUCHED. SHARE MY WILDLIFE WITH ME. BECAUSE HUMANS WANT TO SAVE THINGS THAT THEY LOVE”*

stc\_ncc



# INDIAN AIR FORCE DAY

DATE:- 08 OCTOBER 2021

On 8th October 2021, NCC Cadets observed Indian Air Force Day. Cadets watched many videos and could understand the work done by them for our country.

**ST. THOMAS COLLEGE (AUTONOMOUS)  
THRISSUR  
23 (K) BN NCC 1ST COY**

**INDIAN AIR FORCE DAY  
8th October 2021**

**PROTECTING INDIAN SKIES WITH  
PRIDE**



# BLOOD DRIVE

DATE:-30 OCTOBER 2021

A Blood Donation Campaign was organized on 30th October 2021, at IMA Blood Bank ,Thrissur.

Cadets participated the Blood Donation Campaign and set an example for others.



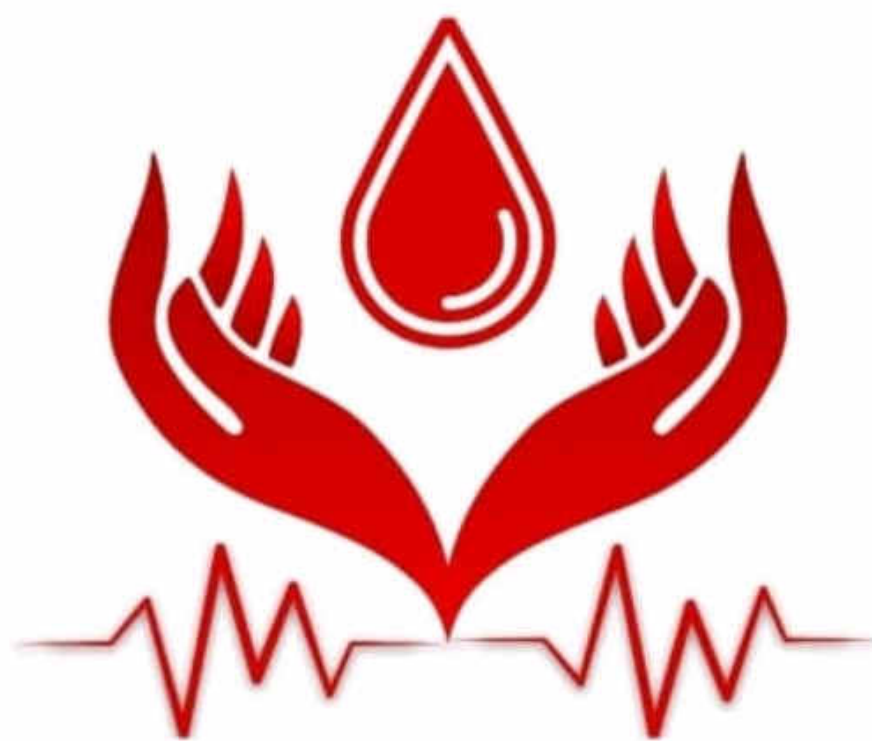
**ST. THOMAS COLLEGE (AUTONOMOUS)  
THRISSUR**

**23(K) BN NCC 1st COY**



## #SAVEALIFE

### BLOOD DRIVE 2021

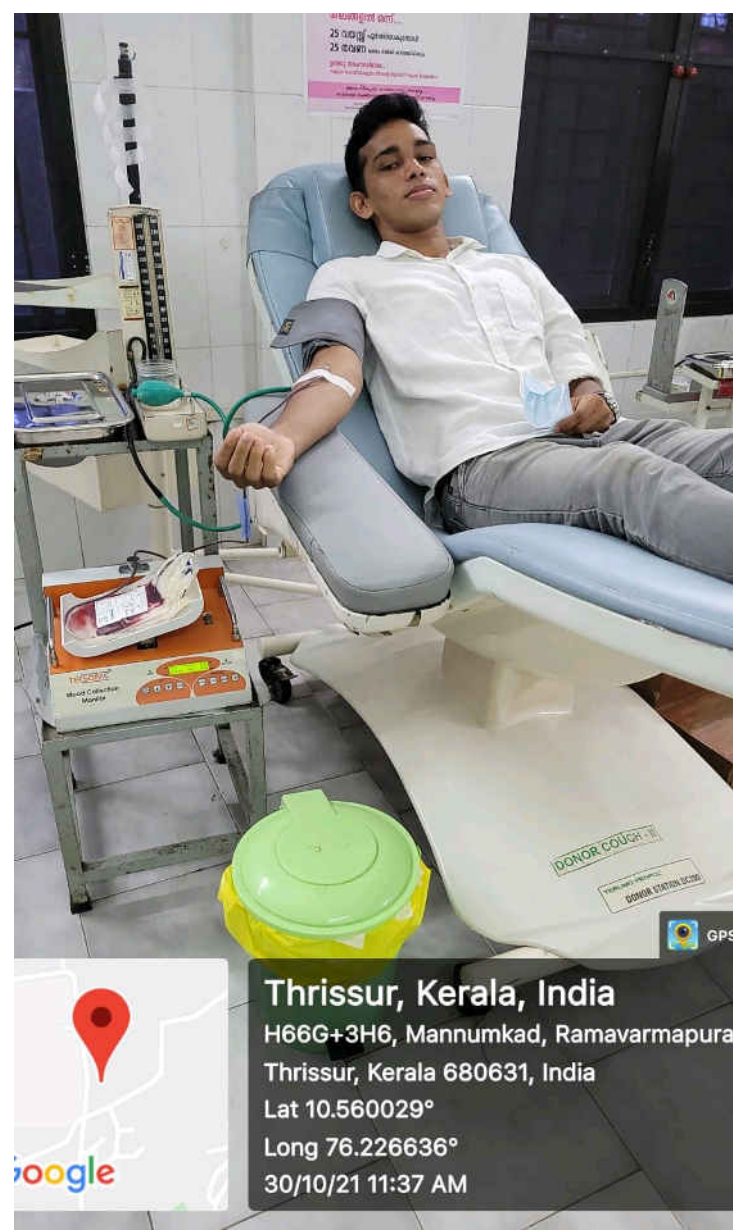


**Date: 30 October 2021**  
**Venue: IMA Blood Bank**

**"YOUR LITTLE EFFORT CAN GIVE OTHERS  
SECOND CHANCE TO LIVE LIFE"**

# BLOOD DONATION CAMPAIGN

DATE:-30 OCTOBER 2021



# NATIONAL UNITY DAY

DATE:-31 OCTOBER 2021

On 31st October, NCC Cadets gathered together on online mode for celebrating National Unity Day. We organised an online poem recitation competition and received lot of entries. A winner was chosen and awarded with cash prize.



 **ST. THOMAS COLLEGE**  
**(AUTONOMOUS), THRISSUR** 

23(K)BN NCC 1st COY PRESENTS

## NATIONAL UNITY DAY

31 October 2021

**" SPELL THE INK "**

POEM RECITATION  
COMPETITION RELATED TO  
"NATIONAL UNITY DAY"

**ATTRACTIVE  
CASH PRIZE  
FOR 1ST &  
RUNNER UP**

**Send your video and for  
enquiry**

Soorya Prabha S : 9207525226  
Aaditya Nalin : 8138997082

 **stc\_ncc**

# NCC ENROLLMENT 2021

DATE:-10 NOVEMBER 2021

On 10th November 2021, NCC Enrollment 2021 was conducted. The NCC Enrollment took place at 2 pm at Thope Stadium, Thrissur. Cadets who performed really well and had certain extraordinary nature were selected.

The poster features a purple background with a yellow and white graphic element resembling a hand holding a note. At the top left is the St. Thomas College logo, and at the top right is the NCC logo. The central text on the note reads 'NCC ENROLLMENT 2021' and 'GET AN OPPORTUNITY TO JOIN THE LARGEST UNIFORMED YOUTH ORGANIZATION'. Below the note, there are two circular images: one showing a close-up of NCC cadets in uniform, and another showing a group of cadets marching in a parade. The bottom section of the poster contains event details in a white, wood-grain style box.

**ST. THOMAS COLLEGE  
(AUTONOMOUS), THRISSUR  
23(K)BN NCC 1st COY**

**NCC  
ENROLLMENT  
2021**

GET AN OPPORTUNITY TO JOIN THE  
LARGEST UNIFORMED YOUTH  
ORGANIZATION

**DATE :  
10 NOV, 2021**

**VENUE :  
THOPE STADIUM,  
MAHATMA NAGAR,  
NELLIKUNNU,  
THRISSUR, KERALA  
680006**

**TIME : 2PM**

# TREE PLANTING

DATE:- 27 NOVEMBER 2021

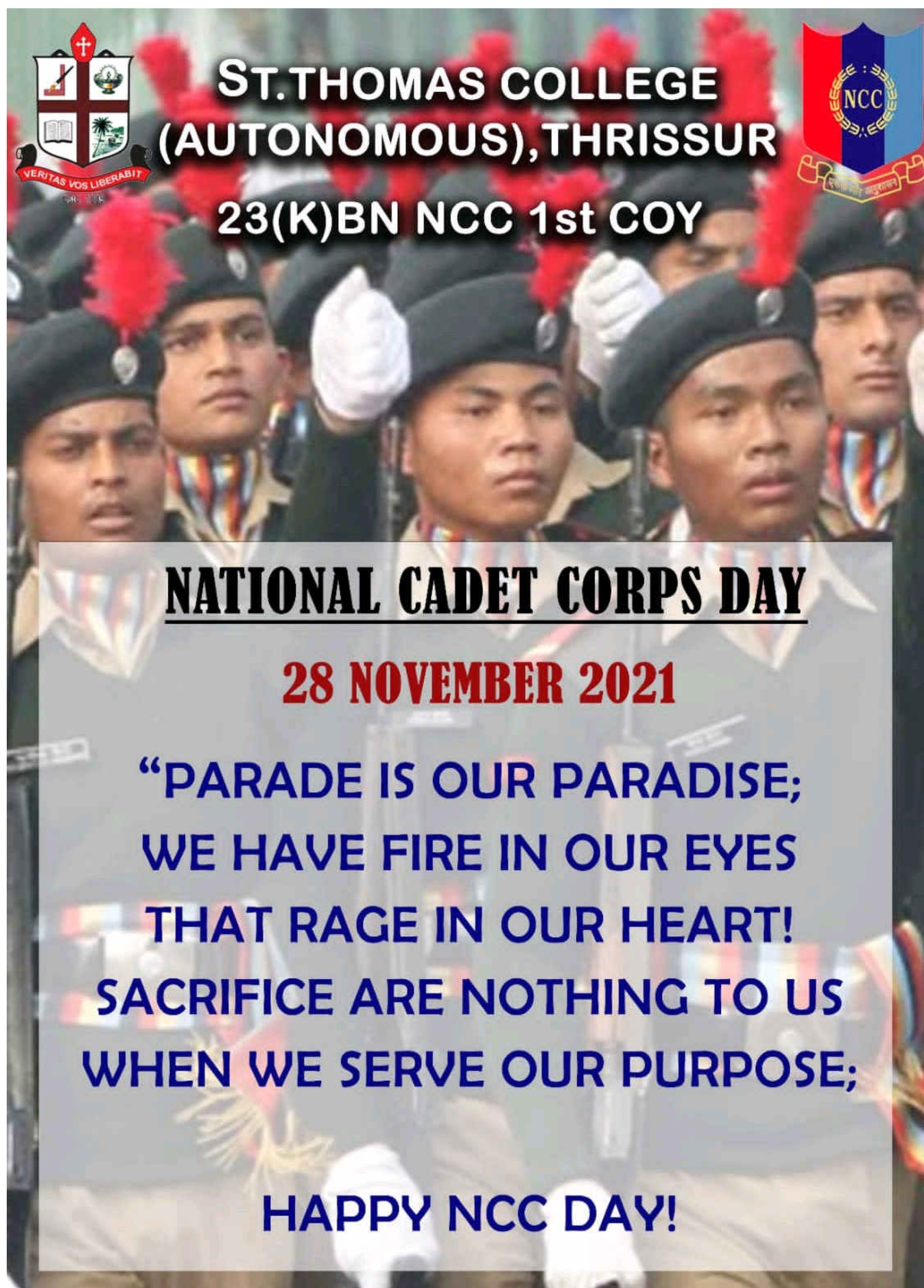
On 27th November 2021, NCC Cadets conducted a Tree Planting event which was participated by all of the Cadets. We all watched the videos of the importance of planting a tree. After watching the videos we all are inspired to stop someone from cutting down trees.



# NATIONAL CADET CORPS DAY

DATE:- 28 NOVEMBER 2021

The National Cadet Corps (NCC), the youth wing of the Indian Armed Forces and the largest uniformed youth organization in the world, observed its 73rd anniversary on November 28. NCC day is celebrated every year on the 4th Sunday in November. As a part of it, NCC Cadets of St. Thomas college planted saplings at their home.





# INDIAN NAVY DAY

DATE:-4 DECEMBER 2021

On 4th December, NCC Cadets gathered together in online mode to celebrate Indian Navy Day. We recognized achievements and role of Indian Navy in our country. This day is dedicated to respect and honor our Navy.



**ST. THOMAS COLLEGE (AUTONOMOUS)  
THRISSUR**



23(K)BN NCC 1st COY

## INDIAN NAVY DAY

4TH DECEMBER 2021



# VIJAY SHRANKHALA

DATE:-06 DECEMBER 2021

On this day, we celebrated by paying homage to the soldiers who achieved victory in the historical war. The event commenced with the arrival of the next of kin of the martyrs and war veterans. The event was attended by NCC Cadets, Officers, and other personnel.

**23 (K) BN NCC THRISSUR**  
EKM GROUP, K & L DTE

**75** **VIJAY SHRANKHALA**  
आज़ादी का अमृत महोत्सव  
**6th DECEMBER 2021**  
**Paying homage to the martyrs of 1971 Indo-Pak War**



**NATIONAL CADET CORPS**  
K & L DTE

**FELICITATION OF FAMILIES OF  
1971 INDO PAK WAR HEROES OF THRISSUR**

Chief Guest : **Cmde Hari Krishnan**  
Group Commander  
NCC Gp Ekm

Guest : **Fr.Dr.Martin K A**  
Principal, St.Thomas College  
(Autonomous) Thrissur

Guests of honour: **A D Devassy**  
Brother of Sowar A D Vareed,  
Sena Medal  
**P L Johny**  
Brother of Seaman P L Devassy

**Events**

- 1000h : Wreath laying Ceremony at Amar Jawan Memorial, Ayyanthole
- 1100h : Arrival of Guests
- 1100-1105h : Welcome Address
- 1105-1115h : Presentation of 1971 Ops
- 1115-1120h : Introduction of Martyrs being honoured and Wreath laying
- 1120-1130h : Felicitation of NOKs of Martyrs
- 1130-1135h : Address by Chief Guest
- 1135h : Vote of thanks

Date : 06/12/2021  
Venue : St.Thomas College (Autonomous) Thrissur

ഇന്ത്യ-പാക്ക് യുദ്ധം: വിരമിച്ചു വരിച്ച സൈനികരുടെ കുടുംബങ്ങൾക്ക് ആദരം



**Thrissur, Kerala, India**  
St. Thomas College, Thrissur - Palghat Rd,  
Pillakad, Thrissur, Kerala 680001, India  
Lat 10.523263°  
Long 76.21942°  
06/12/21 10:49 AM



**Thrissur, Kerala, India**  
St. Thomas College, Thrissur - Palghat Rd, Pillakad, Thrissur,  
Kerala 680001, India  
Lat 10.523263°  
Long 76.21942°  
06/12/21 10:48 AM

# ARMED FORCES FLAG DAY

DATE:- 07 DECEMBER 2021

7th December is observed as the Armed Forces Flag Day throughout the country to honor the martyrs and the men in uniform who valiantly fought on our borders to safeguard the country's honor. There cannot be a nobler cause than laying down ones life for the country .



**ST. THOMAS COLLEGE**

**(AUTONOMOUS), THRISSUR**



**23(K)BN NCC 1st COY**



**ARMED FORCES  
FLAG DAY**

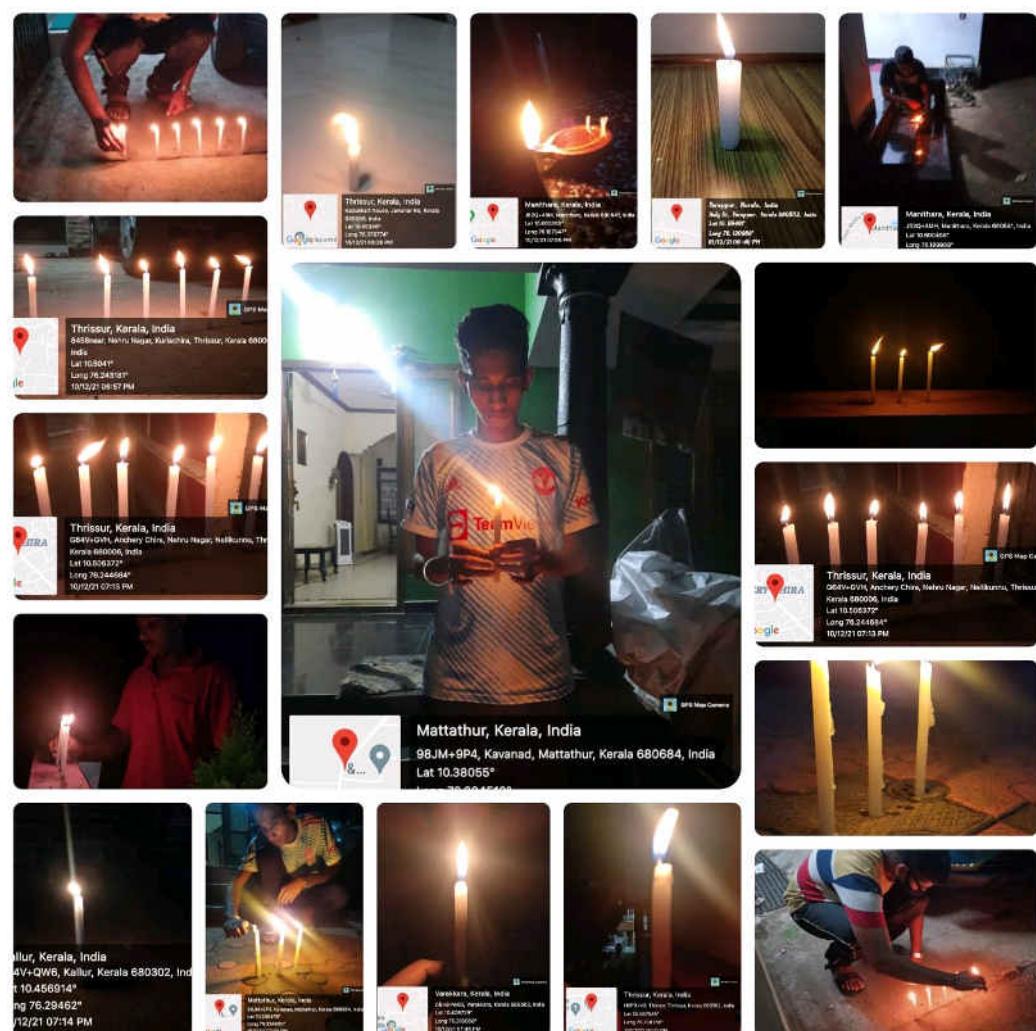
7 December



Saluting our soldiers of Indian  
Armed Forces for their unmatched  
valour & sacrifice.


# GENERAL BIPIN RAWAT DEATH

DATE:-10 DECEMBER 2021

General Bipin Rawat, was the former chief of defence staff of the Indian Armed forces . He tragically passed away in a helicopter crash along with his wife and 13 other officers in the army on 8th December 2021 in the Nilgiris . As NCC Cadets it was our duty to pay respects to the fallen leader and his comrades . On 10th of December evening, we paid our respects to the fallen heroes by lightning several candles and we had a discussion on the topic of our great heroes , our soldiers.



 **ST. THOMAS COLLEGE**  
(AUTONOMOUS), THRISSUR  
23(K)BN NCC 1ST COY 



**GENERAL BIPIN RAWAT**  
PVSM UYSM AVSM YSM SM VSM ADC  
CHIEF OF DEFENCE STAFF OF THE INDIAN ARMED  
FORCES  
(1958 - 2021)  
HEARTFELT CONDOLENCES  
TO GEN. BIPIN RAWAT, MRS. MADHULIKA RAWAT AND  
THE 11 BRAVEHEARTS

# YUDH SMRUTHI

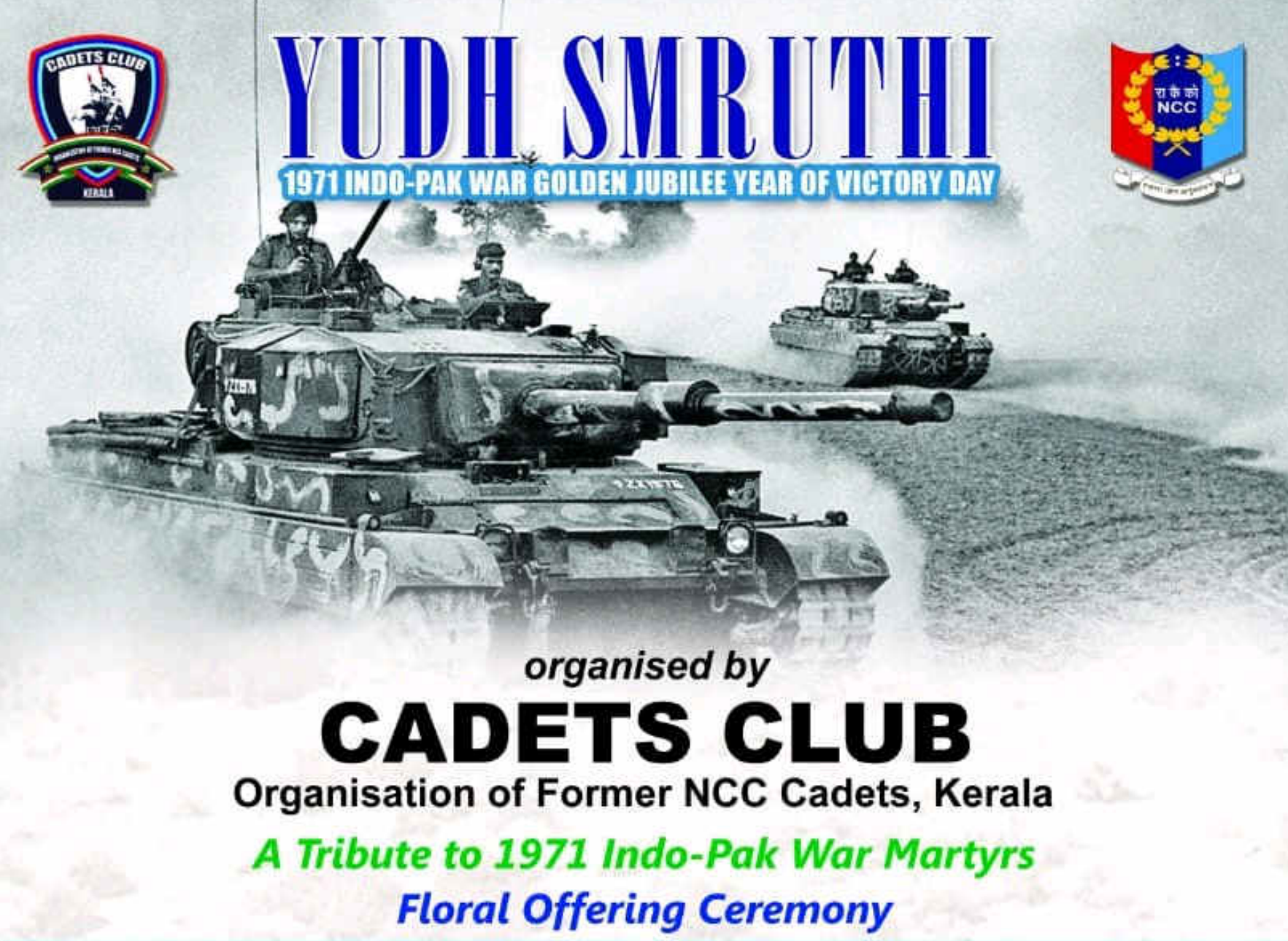
DATE:- 16 DECEMBER 2021

NCC Cadets celebrated the victory of Indo -Pak war 1971 on its Golden Jubilee.



# YUDH SMRUTHI

DATE:-16 DECEMBER 2021



**YUDH SMRUTHI**  
1971 INDO-PAK WAR GOLDEN JUBILEE YEAR OF VICTORY DAY

organised by  
**CADETS CLUB**  
Organisation of Former NCC Cadets, Kerala  
*A Tribute to 1971 Indo-Pak War Martyrs*  
*Floral Offering Ceremony*

Date : Thursday 16th December 2021 at 11 am.  
Venue : Amar Jawan Jyoti Ayyanthole, Thrissur (Kerala)

*Dear All,*

*This year when the nation celebrates the Golden Jubilee year Victory Day of the 1971 Indo- Pak War, Cadets Club also salutes the martyrs and the Indian defence to have given us this day of pride. The cadets club has decided to organise YUDH SMRUTHI to commemorate the occasion by floral offering at Amar Jawan Jyoti, Ayyanthole, Thrissur (Kerala), on Thursday 16th December 2021 at 11 am. We invite you to join the activities and share the spirit of patriotism on 16th December 2021.*

*You are cordially invited,*

**Dr Antony J Kuttencherry**  
President, Cadets Club  
9744940364

**Shaheer PS**  
Secretary, Cadets Club  
9605023332

**PROGRAMME**

Wreath Laying Ceremony	:	
Prayer	:	
Welcome Speech	:	<b>Priyesh Vijayan</b> , Treasurer, Cadets Club
Presidential Address	:	<b>Dr Antony J Kuttencherry</b> , President, Cadets Club
Inaugural Message	:	<b>Col H Padmanabhan</b> , Retd. Former Commanding Officer 7 (K) Girls Bn NCC, Thrissur, Kerala
Programme Rapporteur	:	<b>Sowmya Pramod</b> , Vice President, Cadets Club
Vote of Thanks	:	<b>Sijo Meledath</b> , Co-ordinator, Cadets Club

*"You have given your blood for our Maej Kasheer, we will always remember you"*

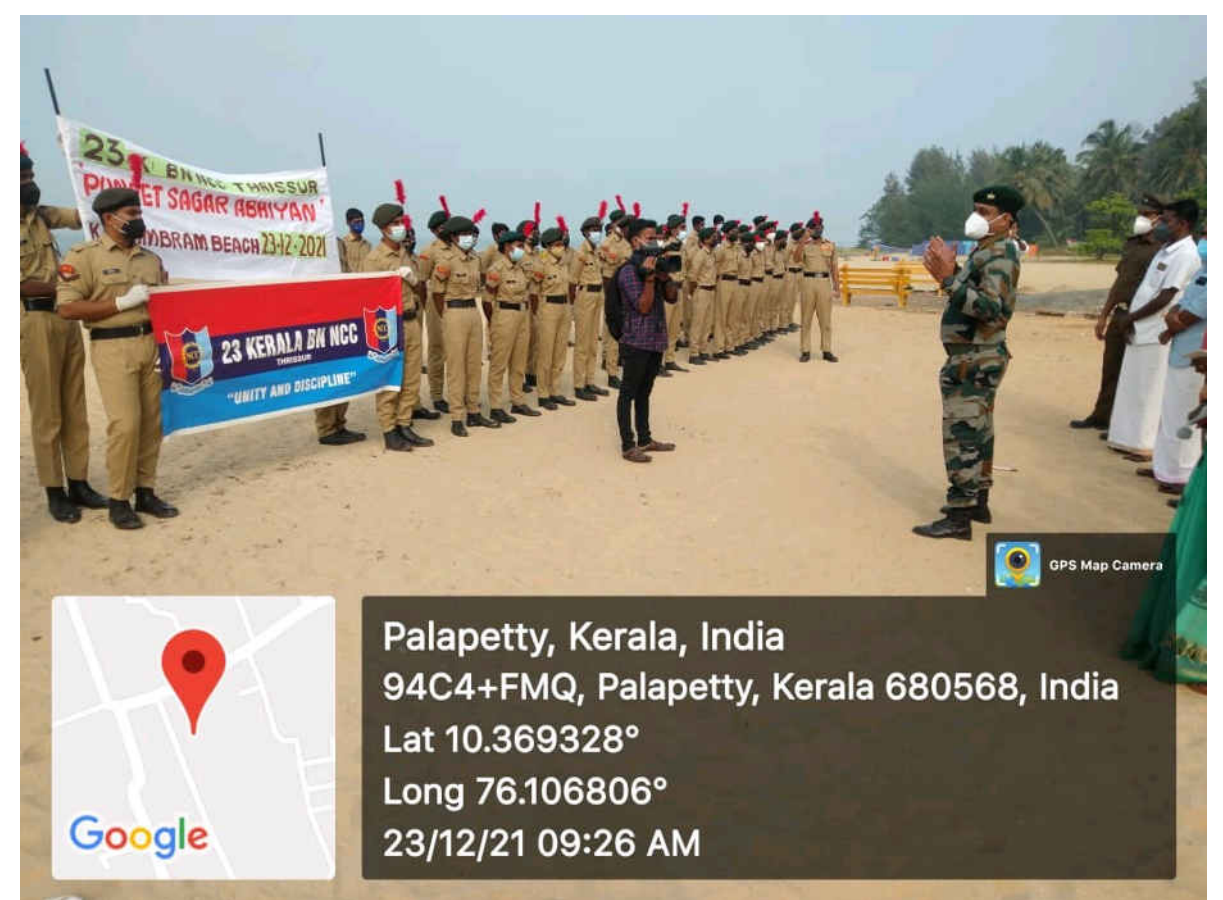
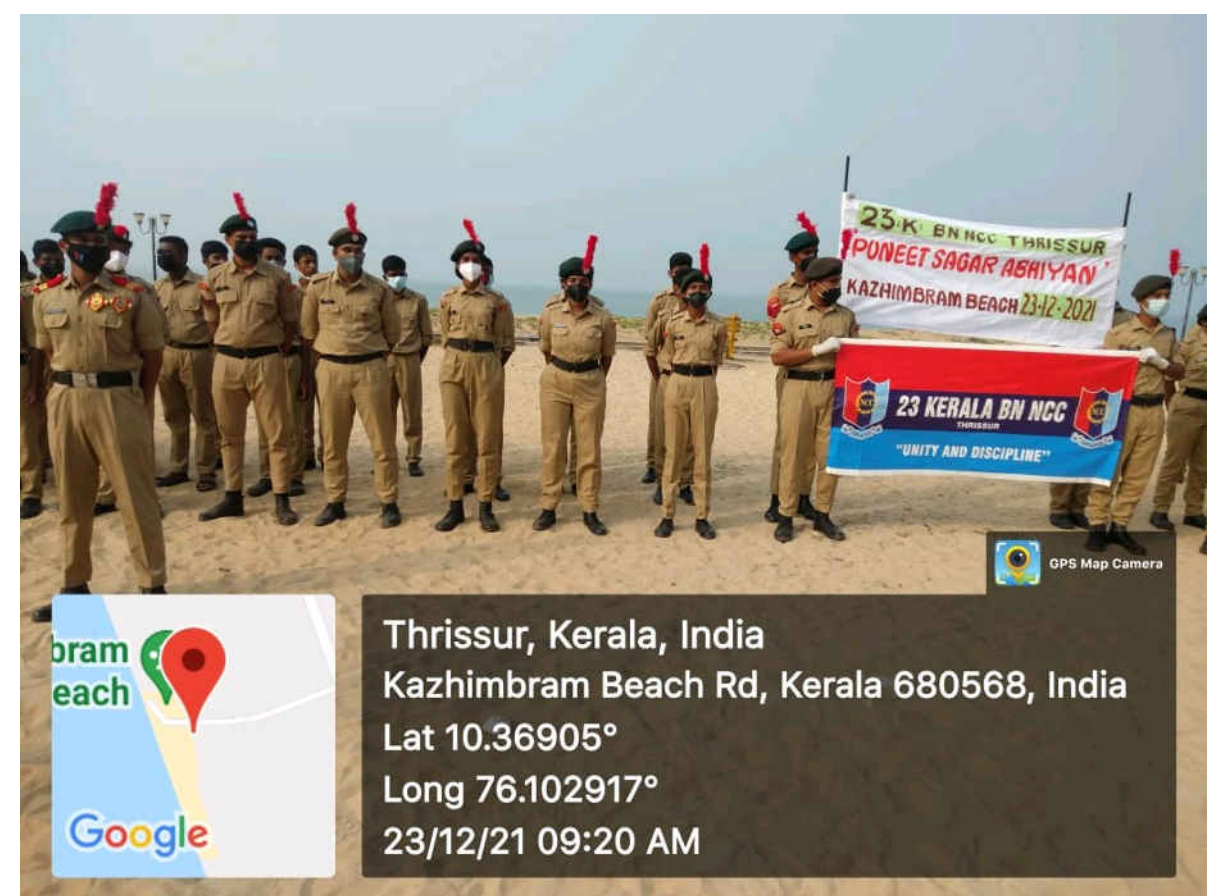
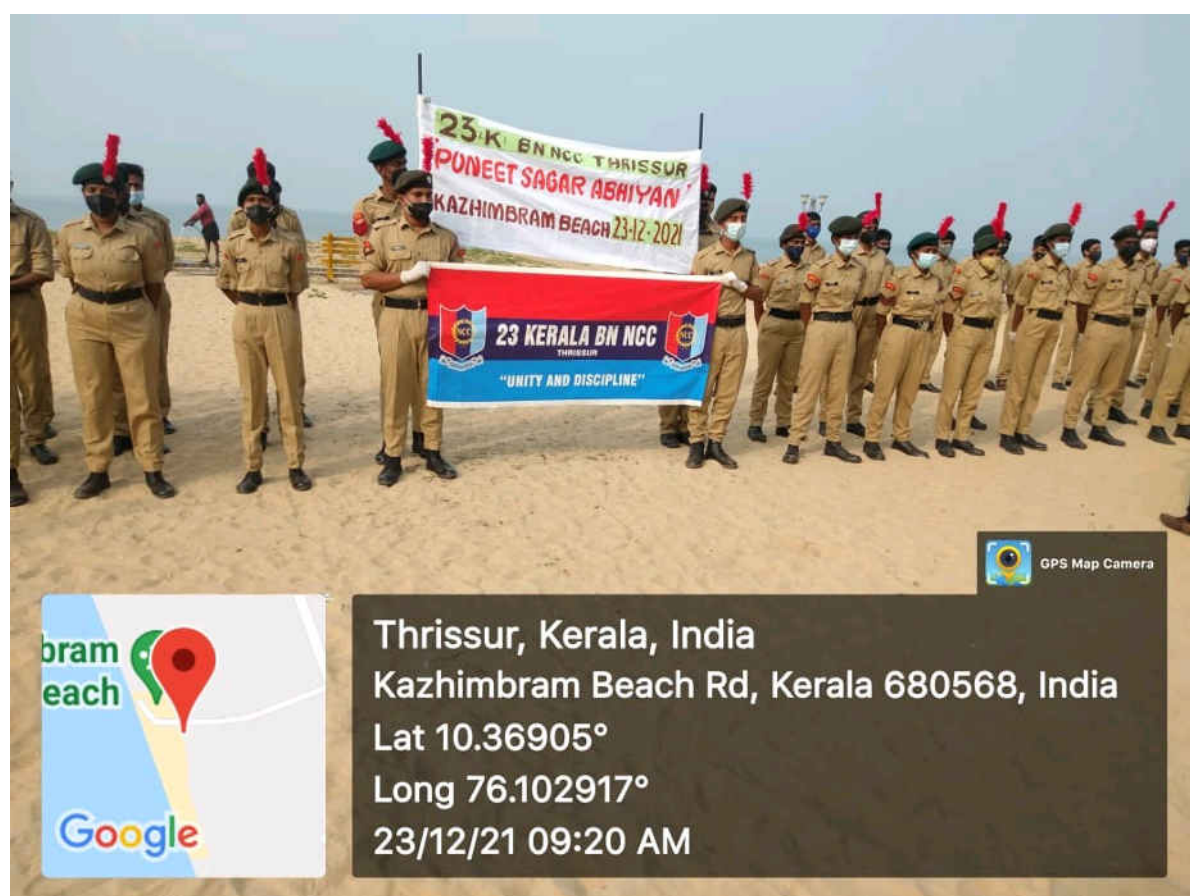
*The programme will be conducted strictly as per Covid-19 protocol*

[cadetsclub.org](http://cadetsclub.org)

# PUNEET SAGAR ABHIYAN

DATE:-23 DECEMBER 2021

On 23rd December, Cadets of St Thomas College along the cadets from other institutions participated in the Puneet Sagar Abhiyan. The cadets collected all the plastic waste materials around the beach. The surrounding was hence free from plastic and good for the environment.



# NATIONAL YOUTH DAY

DATE :-12 JANUARY 2022

"Energetic, hopeful, fearless, smart and determined Youth is the future of our country"  
On 12th January 2022, NCC Cadets celebrated National Youth Day and made aware of our duty as a responsible youth .

**ST. THOMAS COLLEGE**  
**(AUTONOMOUS), THRISSUR**  
**23(K)BN NCC 1st COY**

NATIONAL  
**YOUTH DAY**  
12 JANUARY



**"The energy and dreams of youth have the power to empower the future. Stay positive and stay happy"**




# INDIAN ARMY DAY

DATE:-15 JANUARY 2022

Indian Army Day is observed on the 15th of January to salute the valiant soldiers who sacrificed their lives to protect their mother nation. As NCC Cadets, with much respect, we dedicated the day to salute every army soldier out there, for the service that they render with immense dedication, fearlessness and pride.



**ST. THOMAS COLLEGE (AUTONOMOUS) ,  
THRISSUR  
23(K) BN 1st COY**



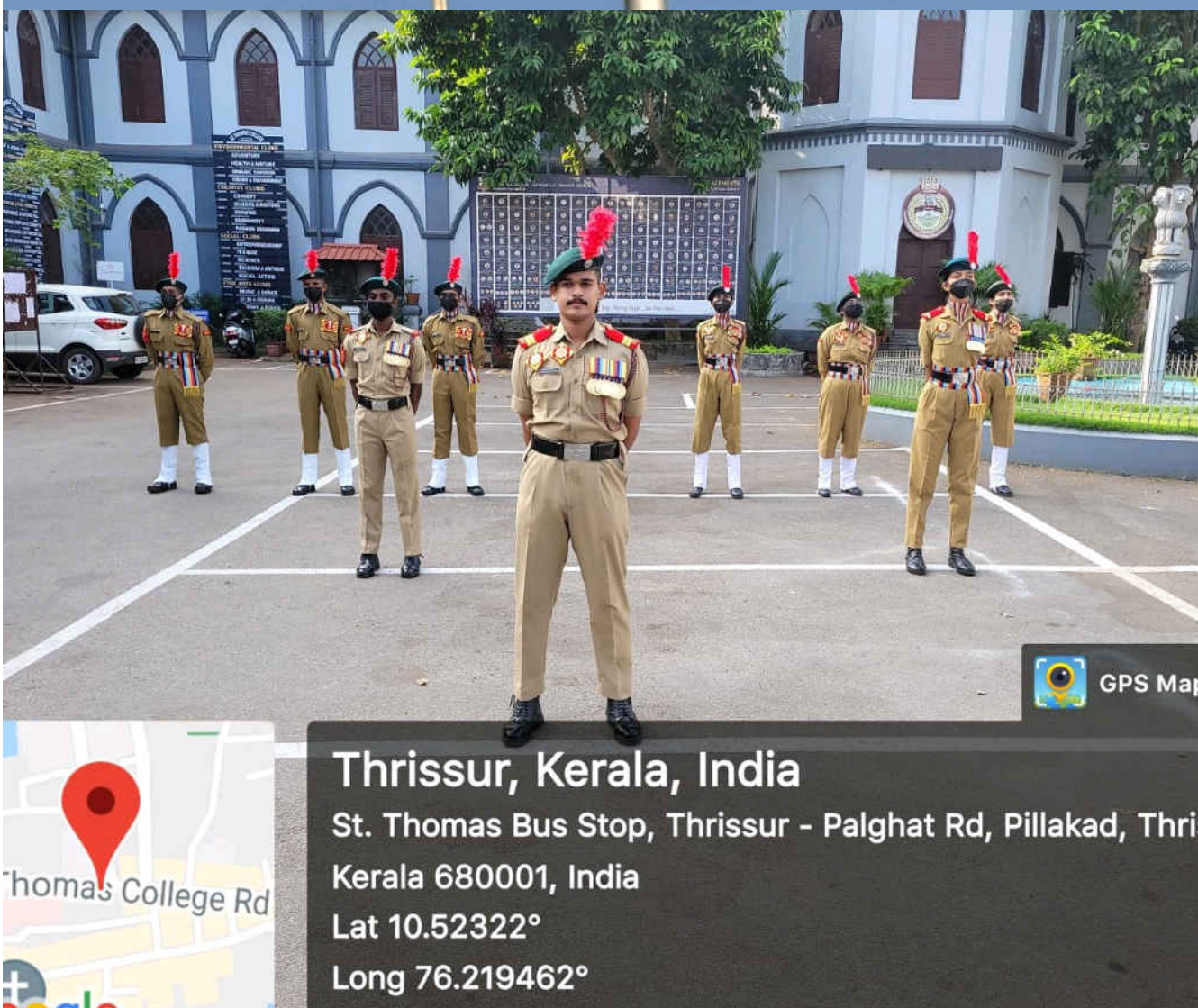
INDIAN  
**ARMY**  
—DAY—  
January 15

*Indian Army Day always reminds  
us of all our heroes who stand  
strong to keep us safe*

# REPUBLIC DAY

DATE:-26 JANUARY 2022


On the 26th of January, National Republic Day, a day celebrated with fervour and cheer of Indian independent spirit. The Principal of the institution, Rev.Fr.Dr. Martin K.A. hosted the Indian National flag at the campus.




# MARTYRS DAY

DATE:-30 JANUARY 2022

On 30th January 2022, NCC Cadets gathered online to commemorate Martyrs Day. We discussed in length about Gandhiji's life and the ideals he propagated. As NCC Cadets we understood the importance of sacrifice and the honor of giving up your life for the service of our country.





St. Thomas College (Autonomous),  
Thrissur  
23(K) BN NCC 1st COY




## MARTYR'S DAY

30th JANUARY 2022



*"TRUTH IS MY GOD  
NON-VIOLENCE IS THE MEANS  
OF REALISING HIM"  
: Mahatma Gandhi*



# CANCER DAY

DATE:-4 FEBRUARY 2022

Cancer isn't a 'full stop'. Take it as a 'comma' and start a new beginning optimistically. It is when the life has its true meaning.

On 4th February, World Cancer Day, NCC conducted an online interactive webinar by Dr Anand Sebastian MBBS, MD Radiation Oncology, Assistant Surgeon, Kerala Health Service, via Google Meet.

St. Thomas College(Autonomous),  
Thrissur  
23(K) BN NCC 1st COY

4th February

World  
Cancer  
Day

"Cancer can touch you, but not  
your soul; neither your thoughts  
nor your heart."

Fight  
Cancer!

ST. THOMAS COLLEGE (AUTONOMOUS),  
THRISSUR  
23 (K) BN NCC 1ST COY

WEBINAR:-CANCER DAY  
AWARENESS PROGRAMME

**NO ONE FIGHTS ALONE**

Resource person

**DR ANAND SEBASTIAN MBBS**  
MD Radiation Oncology  
Assistant Surgeon  
Kerala Health Service

04.02.2022  
4:30 pm - 5:30pm

VIA Google Meet

Dr(Fr)Martin K A    ANO,Lt Sabu A S    Cdt Rohith Pradeep M  
Principal in Charge    Convenor    Cdt Soorya Prabha S  
Coordinators

xbw-ofes-pmz

Anand is presenting

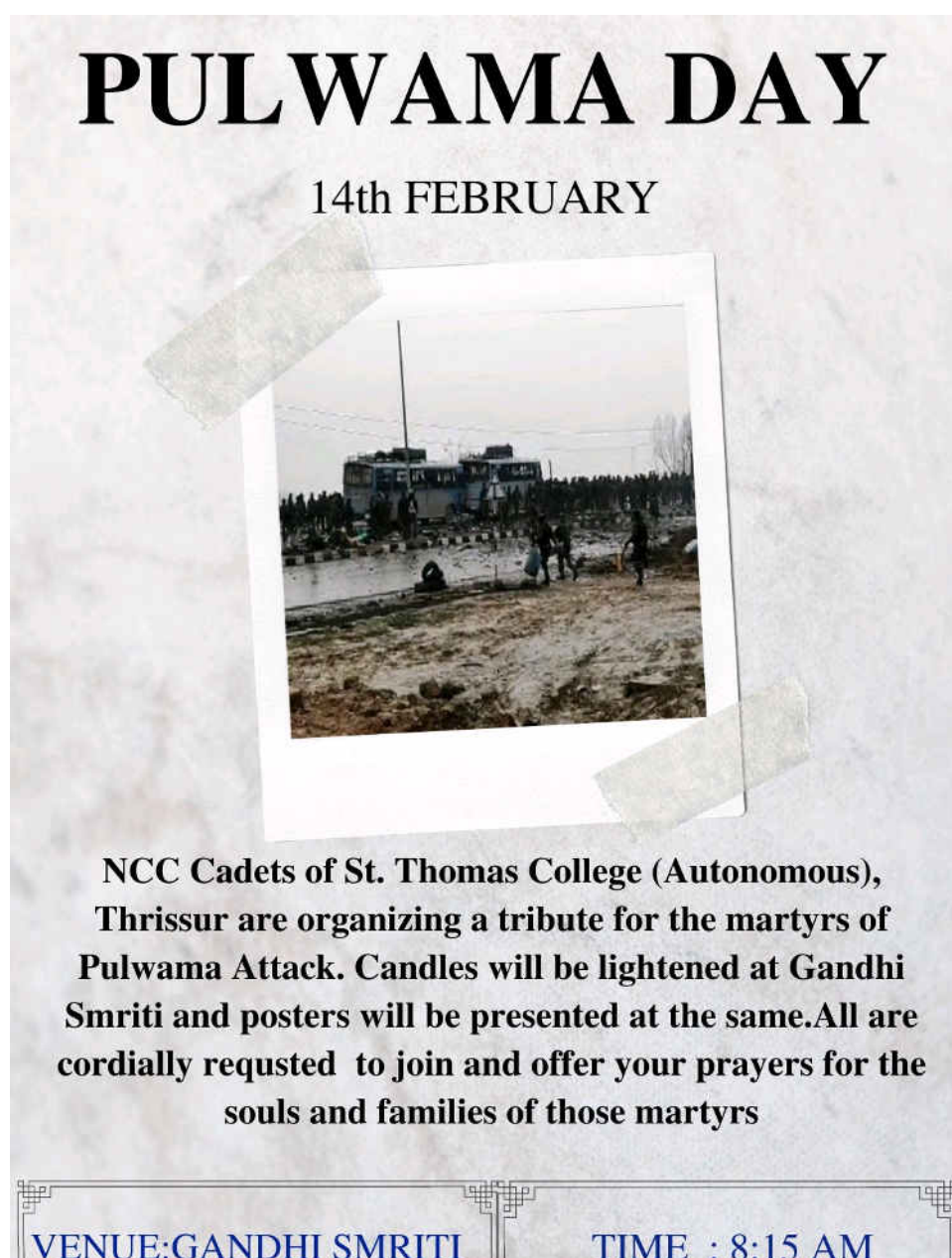
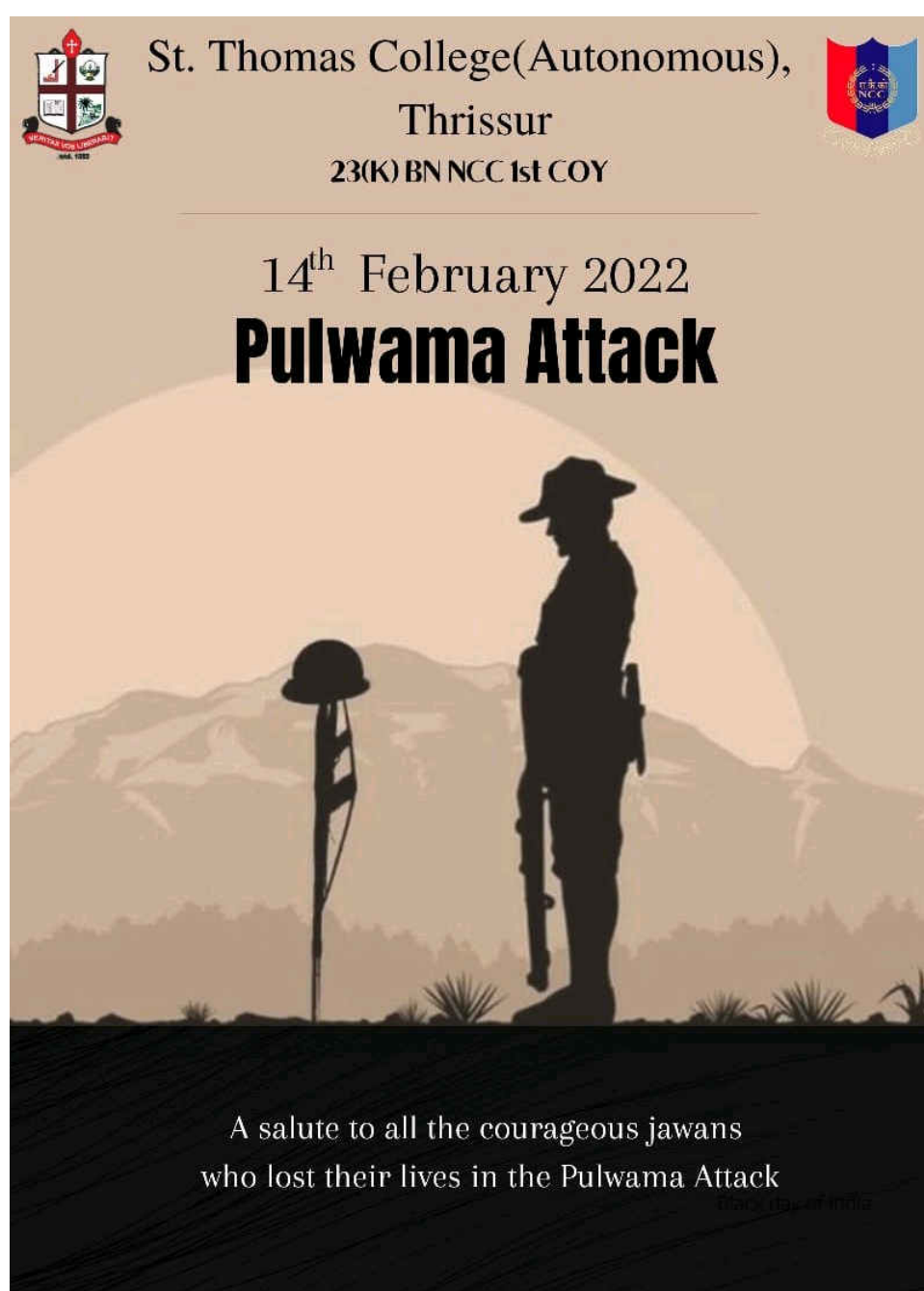
Anand    Sabu

You    Ric 53 others

# PULWAMA DAY

DATE:-14 FEBRUARY 2022

On 14th February, the Black Day in Indian history, we bow down to the brave martyrs who lost their lives in gruesome Pulwama Attack on 14 February 2019. For the remembrance of the day, we, the NCC cadets lighten candles for the eternal repose of country's brave souls and showered flowers as a symbol of reverence.



# WORLD DAY OF SOCIAL JUSTICE

DATE:-20 FEBRUARY 2022

On 20th February 2022, Cadets observed World Day Of Social Justice to create awareness among students about recognizing the need to promote social justice, which includes efforts to tackle issues such as poverty, exclusion, gender inequality, unemployment, human rights, and social protections.

**ST. THOMAS COLLEGE (AUTONOMOUS),  
THRISSUR  
23(K) BN NCC 1st COY**

**20th February 2022**

**WORLD DAY OF  
SOCIAL JUSTICE**

*"The best way to find yourself  
is to lose yourself in the  
service of others"*

*- Mahatma Gandhi*

# FAREWELL

DATE:- 05 MARCH 2022

"All Indians are our brothers and sisters" the pledge said it but NCC proved it. This was how all of our respected seniors felt when they completed their 3 years in NCC and were about to leave. As the occasion was their parting from NCC ,we had to give them a wonderful farewell.On 5th March 2022,the NCC unit of St Thomas college celebrated the closing ceremony for the 2019-22 batch. We had speeches and a passing out parade for our respected seniors.





**ST. THOMAS COLLEGE  
(AUTONOMOUS), THRISSUR  
23(K) BN NCC 1<sup>ST</sup> COY**



*Farewell Celebration' 22*  
**GRIGORA**

The NCC Unit of St. Thomas College is  
celebrating its closing ceremony  
for 2019-22 batch.

*Date:*

05-03-2022

*Venue:*

Medlycott Hall

*Time:*

1000 Hrs

We cordially invite your esteemed presence  
and co-operation to make this function  
a memorable one.





# INTERNATIONAL WOMEN'S DAY

DATE:- 08 MARCH 2022

While any day makes for a great opportunity to celebrate the women in your life. International Women's Day gives you one more reason to do exactly that. As NCC Cadets, we spent the 8th of March to know more about the unpopular women warriors of history who fought for the basic right to vote, to express and to be heard.



# ACHIEVERS DAY

DATE:- 09 MARCH 2022

As NCC Cadets, we go through various training programs and there are cadets excelled in all of these. To honor such National level talented Cadets we celebrated Achievers Day on 9th March 2022, Wednesday at Medlycott hall, St. Thomas College, Thrissur. The program was inaugurated by Commodore Hari Krishnan and we had several other distinguished dignitaries as well.



**St. Thomas College (Autonomous),  
Thrissur**  
23(K) BN NCC 1st COY




---

## ACHIEVERS DAY

9th MARCH 2022





Thrissur, Kerala, India  
G6FC+729, Pallikkulam, Thrissur, Kerala 680001  
Lat 10.523119°  
Long 76.219986°  
09/03/22 03:01 PM



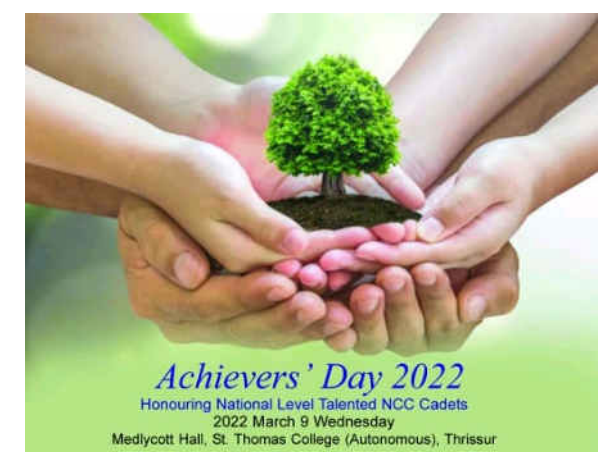
Thrissur, Kerala, India  
St. Thomas Bus Stop, Thrissur - Palghat Rd, Pallakad, Thrissur, India  
Lat 10.523124°  
Long 76.219951°  
09/03/22 03:31 PM






Thrissur, Kerala, India  
G6FC+729, Pallikkulam, Thrissur, Kerala 680001, India  
Lat 10.523159°  
Long 76.21999°  
09/03/22 03:31 PM

**HONOURING NATIONAL LEVEL TALENTED CADETS**



### programme

Prayer	Shri. Shaheer P.S. Secretary, Cadets Club, Thrissur
Welcome Speech	Dr. Antony J. Kuttancherry President, Cadets Club, Thrissur
Presidential Address	Commodore Hari Krishnan Group Commander, Ernakulam Group NCC, Ernakulam
Inauguration	Col Sunil Nair Commanding Officer, 23(K) Bn NCC, Thrissur
Felicitations	Col Joseph Antony Commanding Officer, 7 (K) Girls Bn NCC, Thrissur Lt Col Madhusoodhanan B.V. Commanding Officer, 24(K) Bn NCC, Thrissur Lt Col Raimon Mathew Commanding Officer, 1(K) R&V SQN NCC, Thrissur
Reciprocal Speech	Fr. Dr. Martin K.A. Principal, St. Thomas College (Autonomous), Thrissur SGT Kirti Yadav NCC All India Best Cadet (Gold Medal, Army, SW) 21(K) Bn NCC, Ernakulam, NCC RDC 2022 Cadet, New Delhi NC1 Kuruvilla K. Ancheril NCC All India Best Cadet (Gold Medal, Navy, SD) 7(K) Naval Unit NCC, Ernakulam, NCC RDC 2022 Cadet, New Delhi NC1 Meenakshi A Nair NCC All India Best Cadet (Silver Medal, Navy, SW) 7(K) Naval Unit Ernakulam, NCC RDC 2022 Cadet, New Delhi LFC Arjun Venugopal NCC All India Best Cadet (Bronze Medal, Airforce, SD) 3(K) Air SQN NCC, Kochi NCC RDC 2022 Cadet, New Delhi JUO Tanya Jose 23(K) BN NCC, Thrissur NCC RDC 2022 Cadet, New Delhi
Programme Rapporteur	Smt. Sowmya Pramod Vice-President, Cadets Club, Thrissur
Vote of Thanks	Shri. Priyesh Vijayan Treasurer, Cadets Club, Thrissur
National Anthem	



**ACHIEVERS' DAY 2022**  
(Honouring National Level Talented NCC Cadets)

Organized by  
**CADETS CLUB**  
(Organisation of Former NCC Cadets (Thrissur) Kerala)

Date & Time  
Wednesday 9<sup>th</sup> March 2022, 2.30 pm

Venue  
Medlycott Hall, St. Thomas College (Autonomous)  
Thrissur

**Inauguration**  
Commodore Hari Krishnan  
(Group Commander, Ernakulam Group NCC, Ernakulam)

**Distinguished Dignitaries**  
Col Sunil Nair  
(Commanding Officer, 23(K) Bn NCC, Thrissur)  
Col Joseph Antony  
(Commanding Officer, 7(K) Girls Bn NCC, Thrissur)  
Lt Col Madhusoodhanan B.V.  
(Commanding Officer, 24(K) Bn NCC, Thrissur)  
Lt Col James K.A.  
(Administrative Officer, 23(K) Bn NCC, Thrissur)  
Lt Col Raimon Mathew  
(Commanding Officer, 1(K) R&V, SQN, NCC, Thrissur)  
Fr. Dr. Martin K.A.  
(Principal, St. Thomas College (Autonomous), Thrissur)

*You are cordially invited*

Dr. Antony J. Kuttancherry  
President, Cadets Club  
9744940364

Saheer P.S.  
Secretary, Cadets Club  
9605023332

# PATRON'S DAY

DATE:-18 MARCH 2022

On 18th October 2022, Cadets volunteered and assisted in keeping discipline on Patrons Day. Honorable Vice Chancellor was present.

**PROGRAMME**  
2022 MARCH 18, 9.30 AM

Prayer

Welcome Speech : **Rev Fr (Dr) Martin KA**  
(Principal)

Presidential Address : **Mar Andrews Thazhath**  
(Patron & Archbishop of Thrissur)

Inaugural Address : **Dr M K Jayaraj**  
(Hon'ble Vice Chancellor, University of Calicut)

Manager's Address : **Mar Tony Neelankavil**  
(Manager & Auxiliary Bishop of Thrissur)

Keynote Address : **Dr. Babu C C**  
(Deputy Director of Collegiate Education, Thrissur)

Felicitations : **Msgr. Jose Konikkara (Jr)**  
(Vicar General, Archdiocese of Trichur)

**Sri. M. A. Ugin Morely**  
(Syndicate Member, University of Calicut)

**Rev Fr Biju Panengaden**  
(Executive Manager)

**Rev Sr (Dr) Alphonsa Mathew**  
(Vice Principal)

**Dr E D John**  
(Vice Principal)

**Mr. Jenson V D**  
(Head Accountant)

**Ms Pallavi Muraleedharan**  
(Student Representative)

**Adv. Toju J. Nellisery**  
(Vice President, PTA)

**Dr C.T. Paul**  
(President, Association of Retired Staff)

**Adv. Blaze Briyan Brady**  
(Vice President, OSA)

Reply

Vote of Thanks : **Dr. Anto Thomas C**  
(General Convenor)

College & National Anthems

18 MARCH  
2022  
09.30 AM

Live Streaming on  
St. Thomas College  
**YouTube**

ST. THOMAS' COLLEGE

AUTONOMOUS, THRISSUR

26.02.2022

Dear .....

St. Thomas' College solicits your esteemed presence on the occasion of observing Patron's Day, Home Day and Bidding Adieu to Dr Anto Johny T (Vice Principal & Associate Professor of Physics), Dr Joshy C L (HoD & Associate Professor of Chemistry & Former Registrar, University of Calicut), Prof. Joy P M (HoD & Associate Professor of Physics), Dr. David C V (Dean, Faculty of Science & Associate Professor of Zoology), Sri Antu P J (Senior Superintendent), Sri Babu C T (Head Accountant), Sri Joy M G and Sri Joseph K J (Laboratory Assistants) who are retiring from the collegiate service by the end of this academic year.

**Dr M K Jayaraj**, Hon'ble Vice Chancellor, University of Calicut, has kindly consented to inaugurate the function which will be presided over by **Mar Andrews Thazhath**, Patron & Archbishop of Thrissur on Friday 18<sup>th</sup> March 2022 at 9.30 am. **Mar Tony Neelankavil**, Manager & Auxiliary Bishop of Thrissur will deliver the Manager's Address.

We, the Management, Staff and Students of St. Thomas' College, cordially invite you to the function.

Expecting your esteemed presence,

**Dr E D John**  
Vice Principal

**Fr Dr Martin KA**  
Principal

**Sr Dr Alphonsa Mathew**  
Vice Principal

**Fr Biju Panengaden**  
Executive Manager

**Dr. Anto Thomas C**  
General Convenor

**Dr Anto Johny T**  
Vice Principal & Associate Professor  
Dept. of Physics  
13.09.1993-31.05.2022

**Dr Joshy C L**  
HoD & Associate Professor  
Dept. of Chemistry  
04.12.1992 - 31.05.2022  
Former Registrar, University of Calicut

**Prof. Joy P M**  
HoD & Associate Professor  
Dept. of Physics  
16.10.1989-31.05.2022

**Dr David C V**  
Dean & Associate Professor  
HoD, Dept. of Zoology  
19.12.1995 - 31.03.2022

**Sri Antu P J**  
Senior Superintendent  
12.05.1988-31.05.2022

**Sri Babu C T**  
Head Accountant  
08.12.1992 - 30.06.2021

**Sri Joy M G**  
Laboratory Assistant  
Hr.Gr.  
01.12.1988-31.05.2022

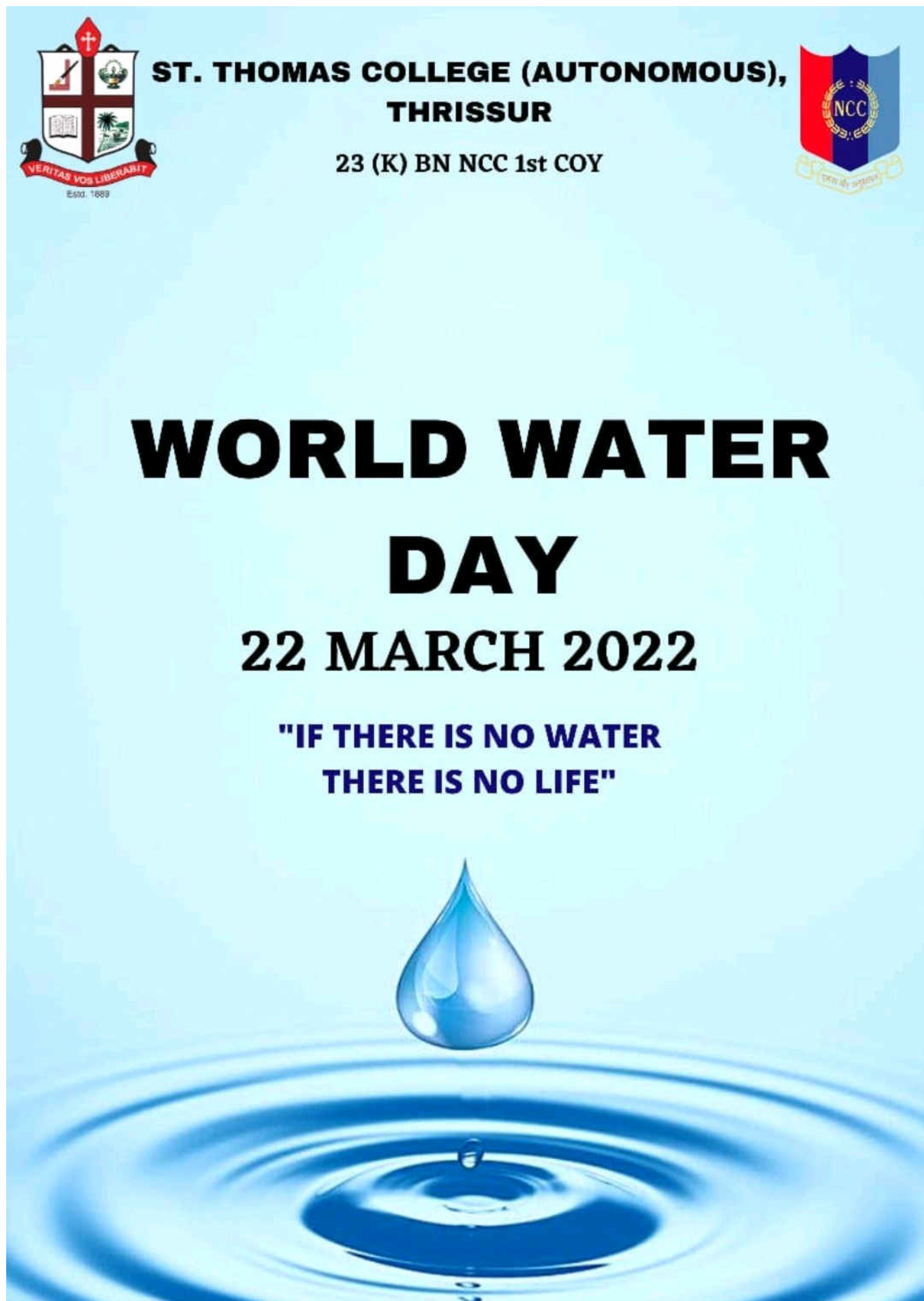
**Sri Joseph K J**  
Laboratory Assistant  
Hr.Gr.  
08.06.1993 - 31.03.2022

The function will be conducted as per Covid-19 Protocol

# WORLD WATER DAY

DATE:-22 MARCH 2022

On 22nd March 2022, NCC Cadets emphasized the relevance of Water Conservation and dire consequences to be faced due to degradation of water quality. To a thirsty man, a drop of water is worth more than a sack of gold and as NCC Cadets we decided to do every little thing to save a single drop of water.



# ACHIEVEMENTS

FOLLOWING CADETS ATTENDED PRESTIGIOUS CAMPS AND  
EVENTS

SL NO	RANK	NAME	NAME OF THE CAMP
1	CSUO	JOSEPH ANTONY PINTO	IGC
2	CUO	ATHUL JACOB	Pre IGC- RDC
3	CUO	VARSHA C B	EBSB
4	CQMS	AKSHAY C M	EBSB
5	CPL	TONY TOM	EBSB
6	CPL	AADITYA NALIN	YEP
7	CPL	ANAGHA M P	Pre IGC- RDC
8	L/CPL	ROHITH PRADEEP M	Shooting battalion level
9	L/CPL	CRISTEENA O J	Pre IGC- RDC
10	L/CPL	GIFTY MARIA M D	Pre IGC- RDC, ALC
11	CDT	BINO BENNY	EBSB
12	CDT	ARJUN K P	Pre IGC- RDC
13	CDT	SOORYA PRABHA S	EBSB

SL NO	RANK	NAME	EVENT
1	L/CPL	ABIN C T	SPEECH
2	CDT	SOORYA PRABHA S	POEM RECITATION, DECLAMATION COMPETITION