



**ST. THOMAS COLLEGE (AUTONOMOUS)**  
THRISSUR, KERALA - 680 001

College with Potential for Excellence  
NIRF INDIA Ranking 2021 : 64<sup>th</sup>

[www.stthomas.ac.in](http://www.stthomas.ac.in)

**PROGRAMME OUTCOMES**  
**PROGRAMME SPECIFIC OUTCOMES**  
**COURSE OUTCOMES**

**Integrated M.Sc. Psychology**

## OUTCOMES:

At the end of Under Graduate PROGRAMME at St. Thomas College (Autonomous), a student will have obtained:

PO1	Critical Thinking: Ability to take informed actions after identifying the assumptions that frame our thinking and actions, checking out the degree to which these assumptions are accurate and valid, and looking at our ideas and decisions (intellectual, organizational, and personal) from different perspectives
PO2	Effective Communication: Ability to speak, read, write and listen clearly in person and through electronic media in English and in one Indian language, and make meaning of the world by connecting people, ideas, books, media and technology
PO3	Effective Citizenship: Ability to demonstrate empathetic social concern and equity-centered national development, and the ability to act with an informed awareness of issues and participate in civic life through volunteering
PO4	Environment and Sustainability: Ability to understand the issues of environmental contexts and sustainable development
PO5	Ethical Living: Ability to recognize different value systems including your own, understand the moral dimensions of your decisions, and accept responsibility for them
PO6	Social Interaction: Ability to elicit views of others, mediate disagreements and help reach conclusions in group settings
PO7	Problem Solving and Analytical Skills: Ability to think rationally, analyze situations and solve problems adequately

## PROGRAMME SPECIFIC OUTCOMES

At the end of **Integrated M. Sc. Psychology** at St. Thomas College (Autonomous), Thrissur, a student will have developed:

PSO1	To develop sound theoretical back up for the application of psychology in different areas of life.
PSO2	To develop skills in practice and research.
PSO3	To understand and get sensitized to the variety of issues around that needs psychological intervention.
PSO4	To get motivated to develop skills in psychological intervention.
PSO5	Use the psychological testing tools to assess the personality, intelligence and other psychological characteristics
PSO6	To develop an attitude for peace, national integration and universal brotherhood, through a profession in Psychology.
PSO7	Professional skill development, in different applied areas of Psychology

# COURSE OUTCOMES

## Integrated M. Sc. Psychology

### PSY11B01- BASIC THEMES IN PSYCHOLOGY- I

At the end of this course, a student will have developed ability to:

CO1	To generate interest in Psychology
CO2	To make familiar the basic concept of the field of Psychology with an emphasis on applications of Psychology in everyday life.
CO3	To understand the basics of various theories in Psychology
CO4	To provide basic knowledge about systems and processes like attention, learning and Consciousness.

## Integrated M. Sc. Psychology

### PSY2IB01- BASIC THEMES IN PSYCHOLOGY- II

At the end of this course, a student will have developed ability to:

CO1	Understand how psychology was developed and became the field of science as we know it now
CO2	Understand basic psychological processes like sensation & perception, states of consciousness and learning
CO3	Students will be able to know how complex is human mind and each individual is unique
CO4	Apply the learnt information in the practical day today life
CO5	Able to analyze states of consciousness and can apply various techniques like meditation and mindfulness to improve their own and other's consciousness

## **Integrated M. Sc. Psychology**

### **PSY3IB01- PSYCHOLOGICAL MEASUREMENT AND TESTING**

At the end of this course, a student will have developed ability to:

CO1	To offer foundation on psychological measurement and testing
CO2	To provide the basis of test construction and to build up skills on developing psychometric test
CO3	To familiarize the uses of psychological tests
CO4	To make aware of ethical principals in testing

## Integrated M. Sc. Psychology

### PSY3IB02- INDIVIDUAL DIFFERENCES

At the end of this course, a student will have developed ability to:

CO1	To provide theoretical knowledge about systems and processes like intelligence and personality
CO2	To understand the history of intelligence and Personality Testing
CO3	To familiarize the student with various types of tests in Psychology

## Integrated M. Sc. Psychology

### PSY3IB03- DEVELOPMENTAL PSYCHOLOGY 1

At the end of this course, a student will have developed ability to:

CO1	To study human development in Psychological Perspectives
CO2	To create awareness about major Psychological changes along with physical and cognitive Development



## **Integrated M. Sc. Psychology**

### **PSY4IH01-EXPERIMENTAL PSYCHOLOGY-1**

At the end of this course, a student will have developed ability to:

CO1	To nurture the ability in students to understand himself/herself and other persons.
CO2	To develop the skills of testing and scientific reporting in psychology.
CO3	To familiarize the students to various psychological tests and assessment tools.
CO4	To generate an interest in working of the community with a psychological outlook

## Integrated M. Sc. Psychology

### PSY4IB01- HEALTH PSYCHOLOGY

At the end of this course, a student will have developed ability to:

CO1	To understand the Psychological, behavioral and cultural factors contributing to physical and mental health
CO2	To study the management of different illnesses
CO3	Introduce health psychology and different models of health.
CO4	Aware about various psychosocial factors and its relation to physical health.
CO5	Understand life style diseases and techniques to change it.

## **Integrated M. Sc. Psychology**

### **PSY4IB02- COGNITIVE PSYCHOLOGY**

At the end of this course, a student will have developed ability to:

CO1	To familiarize the field of Cognitive Psychology
CO2	To enable students to gain an understanding about the development of the field of Cognitive Psychology
CO3	Create awareness about the current shading of the field.

## **Integrated M. Sc. Psychology**

### **PSY4IB03- DEVELOPMENTAL PSYCHOLOGY –II**

At the end of this course, a student will have developed ability to:

CO1	To study emotional and social development of life span periods.
CO2	To study the vocational development and adjustments in adulthood.
CO3	To understand the period of late adulthood.

## Integrated M. Sc. Psychology

### PSY4IH01- EXPERIMENTAL PSYCHOLOGY-I

At the end of this course, a student will have developed ability to:

CO1	To nurture the ability in students to understand himself/herself and other persons.
CO2	To develop the skills of testing and scientific reporting in psychology.
CO3	To familiarize the students to various psychological tests and assessment tools.
CO4	To generate an interest in working of the community with a psychological outlook

## Integrated M. Sc. Psychology

### PSY5B01- ABNORMAL PSYCHOLOGY-I

At the end of this course, a student will have developed ability to:

CO1	To enable students to understand the concepts of abnormal behaviour
CO2	To develop awareness about different types of anxiety and stress disorders
CO3	To encourage the students to know different therapeutic techniques in management of anxiety and stress disorders.

## Integrated M. Sc. Psychology

### PSY5B02- SOCIAL PSYCHOLOGY

At the end of this course, a student will have developed ability to:

CO1	To enable the student to understand and explain behaviour in social settings
CO3	To enable the student to explain the psychological aspects of various social phenomena
CO4	To enable the student to create awareness about the management of human behaviour in group settings

## Integrated M. Sc. Psychology

### PSY5B03- DEVELOPMENTAL PSYCHOLOGY–III

At the end of this course, a student will have developed ability to:

CO1	To study human development in Psychological Perspectives
CO2	To create awareness about major Psychological changes along with physical and cognitive development



## **Integrated M. Sc. Psychology**

### **PSY5B04- PSYCHOLOGICAL COUNSELLING**

At the end of this course, a student will have developed ability to:

CO1	To acquire theoretical knowledge in the areas of psychological counseling
CO2	To understand the applications of counseling in various settings
CO3	To practice counseling techniques through role plays

## Integrated M. Sc. Psychology

### PSY5B05- HEALTH PSYCHOLOGY -II

At the end of this course, a student will have developed ability to:

CO1	To understand the psychological, behavioural and cultural factors contributing to physical and mental health
CO2	To study the management of different illnesses

## Integrated M. Sc. Psychology

### PSY5D01- PSYCHOLOGY AND PERSONAL GROWTH

At the end of this course, a student will have developed ability to:

CO1	To understand the basic concepts in Psychology
CO2	To acquaint the students with the aspects of personal growth
CO3	The contents and teaching of this part are general and designed to suit as a general or Peripheral paper for non-Psychology main students.
CO4	The class room interaction should focus on experiential component of learning apart from the usual lectures

## Integrated M. Sc. Psychology

### PSY5D02- LIFE SKILL APPLICATIONS

At the end of this course, a student will have developed ability to:

CO1	To promote life skill education
CO2	To develop abilities for adaptive and positive behavior
CO3	To enhance self-confidence and self-esteem

## **Integrated M. Sc. Psychology**

### **PSY6B01 - ABNORMAL PSYCHOLOGY II**

At the end of this course, a student will have developed ability to:

CO1	To develop awareness about major psychological disorders
CO2	To acquaint the students with causes of major psychological disorders

## Integrated M. Sc. Psychology

### PSY6B02-APPLIED SOCIAL PSYCHOLOGY

At the end of this course, a student will have developed ability to:

CO1	To familiarize the theoretical concept and research methods in applied psychology.
CO2	To give knowledge about application of social psychology in different areas like clinical, Educational, health and media.
CO3	To understand the major social issues in India.

## Integrated M. Sc. Psychology

### PSY6B03- DEVELOPMENTAL PSYCHOLOGY –4

At the end of this course, a student will have developed ability to:

CO1	To study emotional and social development of life span periods.
CO2	To study the vocational development and adjustments in adulthood.
CO3	To understand the period of late adulthood.

## **Integrated M. Sc. Psychology**

### **PSY6B04- LIFE SKILL EDUCATION: APPLICATIONS AND TRAINING**

At the end of this course, a student will have developed ability to:

CO1	To promote life skill education
CO2	To develop abilities for adaptive and positive behaviour
CO3	To enhance self-confidence and self-esteem



## Integrated M. Sc. Psychology

### PSY7B02- REHABILITATION PSYCHOLOGY

At the end of this course, a student will have developed ability to:

CO1	Explain the Historical root, nature & scope of rehabilitation and rehabilitation medicine.
CO2	Describe the nature of Hearing & Visual Impairment and the rehabilitation services provided.
CO3	Describe the legal process and services provided for Mentally abnormal offenders. Leprosy cured victims of natural calamities, violence & aids.
CO4	Describe the treatment and services provided for Problem drinkers, drug abusers.
CO5	Explain the nature, assessment and methods of managing Mentally Handicapped and
CO6	Describe the various essential aspects of rehabilitation.

## Integrated M. Sc. Psychology

### PSY7B04- PERSONALITY THEORIES

At the end of this course, a student will have developed ability to:

CO1	the details of various psychodynamic approaches
CO2	the sociological perspective of personality theories
CO3	the significance of Field theory
CO4	the concepts of factor theory as well as different learning theories
CO5	the framework of Rogers humanistic model and nature of theoretical synthesis versus multiplicity

## Integrated M. Sc. Psychology

### PSY8B01- ENVIRONMENTAL PSYCHOLOGY

At the end of this course, a student will have developed ability to:

CO1	Explore and understand various perspectives on human-environment interrelationships
CO2	Gain insight into the ways in which the environment influences our feelings and experiences
CO3	Gain first-hand knowledge about key environment and behaviour issues through hands-on activities

## Integrated M. Sc. Psychology

### PSY8B04- HUMAN RESOURCE DEVELOPMENT-II

At the end of this course, a student will have developed ability to:

CO1	To enable the students to understand various concepts in Training and Development.
CO2	To gain an in- depth understanding of various Training Methods.
CO3	To understand the principles of Organization Development and its Techniques

## Integrated M. Sc. Psychology

### PSY8B05- CYBER BULLYING

At the end of this course, a student will have developed ability to:

CO1	Student will be able to know the Nature definition and the Conceptual frame of Cyber Psychology
CO2	Student will be able to know the importance of Ensuring safe Cyber-Space
CO3	Student will be able to know the nature of Cyber jurisprudence
CO4	Student will be able to know the implications of Positive School Environment
CO5	Student will be able to know the significance of impairment of Rights

## Integrated M. Sc. Psychology

### PSY9B03- COGNITIVE PSYCHOLOGY-I

At the end of this course, a student will have developed ability to:

CO1	Student will be able to know the History ,Methods And Paradigms Of Cognitive Psychology
CO2	Student will be able to know the Anatomy and Imaging technique of Brain
CO3	Student will be able to know the various approaches of Perception and Attention
CO4	Student will be able to know the comprehensive perspective of memory and its different stages
CO5	Student will be able to know the implication of Amnesia

## Integrated M. Sc. Psychology

### PSY9B04- WORKPLACE COUNSELLING

At the end of this course, a student will have developed ability to:

CO1	To understand the various models of counselling in the workplace
CO2	To understand the provisions for counselling in the workplace
CO3	To gain knowledge into the process of introducing counselling in the workplace
CO4	To understand the issues for counselling in organizations

## Integrated M. Sc. Psychology

### PSY10B02- FORENSIC PSYCHOLOGY

At the end of this course, a student will have developed ability to:

CO1	nature, definition and history of forensic psychology
CO2	approaches to forensic assessment
CO3	clinical issues in forensic assessment
CO4	forensic assessment for high-risk occupations
CO5	civil forensic psychology



## Integrated M. Sc. Psychology

### PSY10B03- COGNITIVE PSYCHOLOGY-II

At the end of this course, a student will have developed ability to:

CO1	the importance of codes in memory
CO2	the significance of Mental Imagery
CO3	the details of language and Cognition
CO4	the essentials of thinking and the implication of model of decision making
CO5	the principles of cognitive development regarding piagetian and non-piagetian approaches as well as Cultural perspective respectively

## Integrated M. Sc. Psychology

### PSY7B06-01- ORGANIZATIONAL BEHAVIOUR

At the end of this course, a student will have developed ability to:

CO1	To familiarize the concept of human Behaviour in Organizations
CO2	To give knowledge about work-motivation, group, leadership and organizational culture

## Integrated M. Sc. Psychology

### PSY7B06-02- PSYCHOLOGY OF CRIMINAL BEHAVIOR

At the end of this course, a student will have developed ability to:

CO1	Mould youngsters with conceptual knowledge in Criminology.
CO2	To enable the students to build up on their analytical skills in Criminology.

## Integrated M. Sc. Psychology

### PSY8B06-01 - POSITIVE PSYCHOLOGY

At the end of this course, a student will have developed ability to:

CO1	To familiarize the important concepts in positive psychology
CO2	To understand the importance of well-being which allows people to understand what makes life worth living
CO3	To give knowledge about the importance of factors contributing happiness

## **Integrated M. Sc. Psychology**

### **PSY8B06-02- EDUCATIONAL PSYCHOLOGY**

At the end of this course, a student will have developed ability to:

CO1	To promote an understanding of the application of psychological principles in the process of education.
CO2	To familiarise the students with the characteristics of normal and exceptional children.
CO3	To provide the ways and methods of teaching and classroom management.

## Integrated M. Sc. Psychology

### PSY9B06-01- CROSS-CULTURAL PSYCHOLOGY

At the end of this course, a student will have developed ability to:

CO1	To acquaint students with the importance of cross-cultural researches in understanding various psychological processes.
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## Integrated M. Sc. Psychology

### PSY9B06-02- COUNSELLING SKILLS AND PROCESS

At the end of this course, a student will have developed ability to:

CO1	Introducing the theoretical basis of counseling skills, counseling models, counselors' personal and professional issues and growth
CO2	Introducing ethical and legal issues from a multi-cultural perspective.