



NATIONAL SERVICE SCHEME

UNITS 42 & 144

ST. THOMAS' COLLEGE, THRISSUR-680001

College Website: <http://stthomas.ac.in>

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NATIONAL SERVICE SCHEME (NSS)

REGULAR WORK REPORT 2016-17

There are two units of NSS in the campus, units 42 and 144, with a total strength of 200 volunteers. The units regularly take up issues of social relevance and organises awareness activities, campaigns and conducts surveys. A summary of various activities conducted during the academic year 2016-17 is depicted below.

1. World environment day was observed by on June 5 by cleaning Children's park in Thrissur town.
2. Celebrated world blood donors day in association with IMA on June 14th and arranged a quiz competition in the college. 22 teams from different colleges participated.
3. '*Laharivirutha Saena*' was inaugurated at St. Thomas college, Thrissur on 16th July by the state Excise Commissioner Sri. Rishiraja Sinha. The group of NSS volunteers involved in the Saena will be instrumental in campaigning against drug abuse and alcoholism in the campus.
4. Independence Day celebration and orientation class to new NSS volunteers in the campus was conducted on 15th August 2016.
5. Our volunteers participated in the 'Tiranga Yatra', a district level tricolour youth freedom march at Thrissur town, conducted as part of celebrating 70th years of Indian Independence in association with the Ministry of Youth Affairs & Sports, Govt. of India, Nehru Yuva Kendra Sangathan, Thrissur



6. Teachers Day Observed: As a mark of respect and to recognize the great effort of the Teachers, NSS volunteers of St. Thomas College, Thrissur celebrated the Teachers' Day with immense zeal and enthusiasm on 5th September 2016. The students expressed their gratitude towards their teachers by giving flowers and thanked them for being the pillars of support to them.
7. Eye donation campaign: Prepared a list containing 50 NSS volunteers who are willing to donate their eyes. Also, prepared the list of volunteers who are willing to act as companion for blinds (Companion Bank for blind).
8. Cleaning of Thrissur Museum and Zoo on 21st September 2016. All first year volunteers participated.
9. Sent Volunteers (first year boys) to assist the Old age people gathering at Thoppe indoor stadium Thrissur on October 1st 2016 in association with Kerala Social Justice Board. On the same day girl volunteers attended the seminar on Women empowerment organised by Atma Foundation, Thrissur.
10. On the occasion of wild life day, awareness meeting and demonstration on snake was made by Xavier Elthuruthu at St. Thomas College, Thrissur on 6th October 2016.
11. Vigilance awareness week observed from 31st October to 5th November 2016. A Debate completion was conducted on 04th November, 2016 in association with Power Grid Corporation India Ltd. Prizes was distributed to the winners.
12. Visit to Christina orphanage, Pullazhi, Thrissur in connection with children's day November 14, 2016. The volunteers exchanged gifts, sweets and toys to the kids there and organised cultural programmes.
13. Two NSS volunteers Nijin P N and Joseph Edward Edison attended the Anti Narcotics Training Camp held at EMS Seminar complex, Calicut University on 09-11-2016.
14. The NSS programme officers Dr. Paulson Mathew participated in the Inaugural function of Quami Ektha celebrations on 13-11-2016 at Cheraman Juma Masjid, Kodungallur.
15. World Aids Day was observed on December 1st 2016. Banner and posters were displayed in the college as well as in streets (college road). Awareness class was conducted. In association with Thrissur Medical Association, a magic show was conducted in the college high lighting the importance of aids awareness, prevention and AIDS control measures.
16. Sent Student secretaries for one day training programme at KAU on 7th December 2016.
17. The PO was present on 8th December at KAU for the pre camp training.
18. National Energy Conservation Day was observed on 14th November 2016. A rally was conducted in association with Sree Kerala Varma



- College and Vimala College Thrissur incorporating 80 student volunteers from our college. The rally was inaugurated and flagged off by the District collector Dr. A. Kowsigan at Students corner, Thakkinkad Maidan, Thrissur at 9.30 am. Inauguration and flag off of National Energy Conservation Day rally by the District Collector on 14th December 2016 at Thekkinkad Maidan, Thrissur.
19. Seven day special camp 'MIST 2016' was organised for the first year students at Govt. Vocational Higher Secondary School, Puthur from 26th December 2016 to 1st January 2017. The camp was inaugurated by the Ollur MLA Adv. K. Rajan and Major P.O. Jenson (Principal, St. Thomas College) presided. Dr. Mejoy Jose, Prof. Dr. Jagadeesh (KAU), Prof. Seena Thomachan (KAU), Dr. C.S. Biju, Dr. Vimala Jose, Mr. Muldeedharan (Health Inspector) engaged the sessions. Cleaning programmes, entertainment programmes, Eye check up camp, cultural programmes and survey were conducted.
 20. Road safety week was observed by the NSS unit of St. Thomas College, Thrissur from 9th to 15th January 2017. Activities include-Brochures highlighting the traffic rules were distributed to the public. Inauguration of the Traffic Awareness Week by the Thrissur Town Sub Inspector of police, Thrissur East, Mahendra Simhan in front of the college. Principal of St. Thomas College Dr. P.O. Jenson and the NSS Programme Officer Dr. Paulson Mathew are also present. NSS Volunteers performed a Street Play in connection with the traffic awareness, week highlighting the importance of Road safety.
 21. National Youth Day Observance on 12th January 2017. Youth Day was inaugurated and message was conveyed by Dr. Binu K. Head of the Department of Sociology, St. Marys College, Thrissur.
 22. Cleanliness in Hotels, a campaign organised by NSS volunteers of selected schools and colleges in Thrissur town, in association with the Rotary Club of Thrissur was inaugurated by the Thrissur Corporation Health Standing Council Chairman Ms. M L Rosy (see phot below) at St. Thomas College, Thrissur on 18-01-2017. NSS volunteers from our college visited hotels in Thrissur town and distributed palm lets and preached the need of keeping cleanliness in hotels and among hotel workers.
 23. Inauguration of State Level Janakeyasuthranam, 2nd phase at Thrissur on 21st January 2017 by the Hon'ble Chief minister of Kerala Sri Pinarayi Vijayan at Thrissur. 35 NSS volunteers from St. Thomas College participated in the programme. Students also participated in a debate organised in connection with the programme. Education Minister Sri C. Raveendranath was also present.
 24. Digital Economy: Inauguration of "Vittiya Saksharata Abhiyan" (VISAKA), a programme of promoting cashless transactions by the Govt.



of India, was inaugurated in our college on 01-02-2017. Classes were taken by DGM (Soby Francis) and AGM (Mr. Jose T O, Asst. General Manager(RBS)) of Catholic Syrian Bank, Thrissur. 78 students registered their willingness to work as volunteers on the associated web portal of HRD, New Delhi. Students then trained merchants in Thrissur market on the advantage and how to use cash less transactions.

25. 05-02-2017: Sent 10 NSS volunteers to District Hospital to assist Pain and Palliative Society members. Cultural programmes were also arranged for the patients.
26. Towards the end of the academic year 2016-17, a blood donation camp was conducted in association with Amala Medical College, Thrissur on 9th March 2017. Fifty five (55) NSS volunteers had donated blood during this occasion.

Thus the NSS units of St. Thomas College is proud to say that we have conducted variety of socially useful programmes during the academic year 2016-17. Our sincere thanks to all who have cooperated with us.




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