6 February 2021

## ST THOMAS'COLLEGE (AUTONOMOUS), THRISSUR NEWSLETTER

Vision: Transforming the Youth through Holistic Education towards an Enlightened Society.





Ancy Sojan (IBA English and History) represented Kerala and won gold medal in the long jump for women U-20 with the perfomance of 6.20 in the 36th National Junior Athletics Championship held at Guwahathi, Assam.



MoU was signed with TIME, Thrissur for organising various skill development programmes like Add on courses, bank coaching etc. today.

## Santhome Luminaries:6



Saraswati, commonly referred to as

Swami Chinmayananda, was a

spiritual leader and a teacher who

was the founder of Chinmaya

Mission. He has turned to Vedanta

studies afferhis studies at St Thomas

College.

RELIGIOUS LEADER

## SWAMI CHINMAYANANDA SARASWATH

He went onto Lucknow University (1940-1943) to earn postgraduate degrees in literature and law and completed courses in journalism

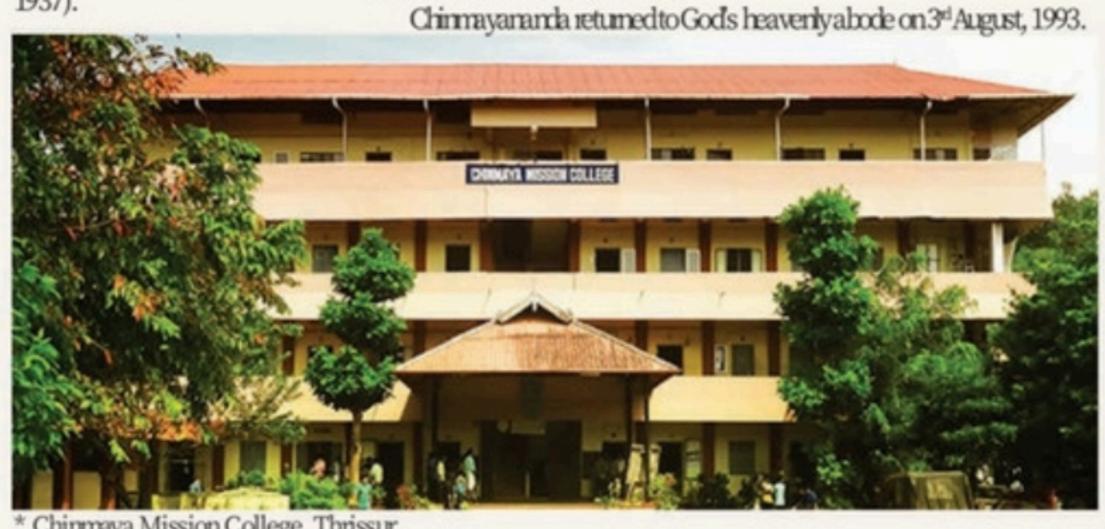
In 1936, his visit to the eminent sage, Sri Ramana Maharshi was the turning point in his spiritual life. He has studied Language, Laward Journalism from the University of Lucknow

In 1942, during "Quit India" movement Balan was one of the students to join in writing and distributing leaflets supporting Congress. In 1944, almost two years after the British had issued his arrest warrant; Balan arrived in Punjabandassociated with several freedom groups but was an ested and imprisoned. He later became a journalist and took up the job of the subeditor of the 'National Herald' newspaper in Delhi. Having returned to the Sivananda Ashramin Rishikeshon 25 February, 1949 he was initiated into Sanyasa by Swami Sivananda and gained the new name, Swami Chinnayananda.

Chinmayananda heldhis first lecture series at a Ganesha temple in the city of Pune in December 1951. In 1953, he founded Chinmaya Mission\* and it is having 300 centres in India and worldwide. Chinmayananda authored 95 publications in his lifetime, and wrote commentaries on the Bhagavad Gita and Upanishads and other spiritual texts. And he has conducted a worldwide Gita Yajna (Vedicritual), classes. Chinmayananda also helped found the Vishva Hindu Parishad in 1963. He had made a talk in UNAssembly in 1992.

He was born in the city of Ernakulamon 8 May, 1916 as the eldest son of a prominent judge, Vadakke Kuruppathu Kuttan Menon and Emakulam Puthampulliyil Paru Kutty Amma.

He was really known as Balakrishnan, who later known as Swami Chinmayananda. He completed his formal schooling in Sree Rama Varma High School, Kochi (1921–1928) and Vivekodayam School, Thrissur (1928– 1932). He completed his FA (Fellow of Arts) at the Maharaja's College, Ernakulam (1932–1934), and his BA (Bachelor of Arts) at the St Thomas College, Trichur (1935-1937).



Chinmaya Mission College, Thrissur