

RECOGNISED **SES REC** (SOCIAL ENTREPRENEURSHIP, SWACHHTA & RURAL ENGAGEMENT CELL) ACTION PLAN
INSTITUTION

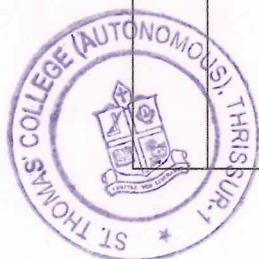
Ministry of Education, Government of India

Please post to moetn1sesrec@gmail.com

1.	Name of Institution	St.Thomas College(Autonomous), Thrissur
2.	Address of the Institution	Thrissur-680001, Kerala
3.	University Affiliated to	University of Calicut
4.	District & State	Thrissur, Kerala
5.	Name of Principal/Hol (Convenor of SES REC)	Dr. Joy K L
6.	Contact Number (WhatsApp Number)	8281847648
7.	E Mail ID	principal@stthomas.ac.in

Proposed Activities Post COVID 19

#	AREA	IDEAS/SUGGESTED ACTIVITIES FOR THE TEAM; PLEASE MODIFY AS PER LOCAL NEED	COMMITTEE HEAD (FACULTY) NAME, CONTACT NUMBER, EMAIL
1.	SANITATION AND HYGIENE (CAMPUS)	<ul style="list-style-type: none"> ● Post COVID19 Sanitation Measures and Drill ● Clean and functional toilets (365x24) ● Safe drinking water (365 x24) ● Clean surroundings ● Clean buildings/rooms ● Campus Landscaping ● Zero Littering 	Dr. Anto P V 9446230315 pvabotany@yahoo.co.in
2.	SANITATION & HYGIENE (COMMUNITY/A DOPTED VILLAGES – To Promote Rural Social Entrepreneurship and Community Engagement)	<ul style="list-style-type: none"> ● Organize awareness programmes for better sanitation practices like using the toilet, hand washing, health and hygiene awareness and garbage disposal ● Work with SHGs for mask making and other similar activities ● Perform Nukkad Natak sor street plays around Swachhta and Covid 19 ● Conduct surveys and door-to-door meetings to drive behavioral change with respect to sanitation behaviour ● Participate in Monitoring committees is to stop open defecation in villages ● Prepare Information Education Communication Material (IEC) or wall painting to promote Swachhta Activities ● Set up RO plants in villages for safe and clean drinking water ● Setting up telemedicine and mobile health care centres ● Support Asha workers with innovative tools to ease their work ● Partner with local NGOs and CSR organizations in this field 	Renjith Varghese 9142160722 renjithvarghese8@gmail.com



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3.	WASTE MANAGEMENT (CAMPUS)	<ul style="list-style-type: none"> ● Campus/Dept wise wasteaudit ● Campus/Deptwaste segregation ● Reduction in waste, month-on-month ● Recycling waste (paper, organic waste form canteens and kitchens) ● Set up compost pit for recycling waste ● Ban plastic use in the campus ● Banflexi banners (Only cloth banners to be used) ● Paperless work – use of email, WhatsApp for communication 	Sabu A S 9400986657 sabualappat@gmail.com
4.	WASTE MANAGEMENT (COMMUNITY/A DOPTED VILLAGES - To Promote Rural Social Entrepreneurship and Community Engagement)	<ul style="list-style-type: none"> ● Village households' & public offices' waste audit ● Village households' & public offices' waste segregation ● Village households' & public offices' waste recycling mechanisms to be set up ● Recycling Farm waste ● Setting up community compost pits in villages ● Awareness camps for Clean and Green Village (Zero Littering – IEC Material) including banning single-use plastic ● Installing bio-gas plants ● Innovative Technology based solutions for rural waste recycling (eg cow dung cake making machine, converting solid waste into bricks, etc) ● Partner with local NGOs and CSR organizations in this field 	Mr. Jijo Kuruvila 7559918347 ijioskuruvila@gmail.com
5.	WATER MANAGEMENT (CAMPUS)	<ul style="list-style-type: none"> ● Audit of water sources in the campus ● Audit of monthly water use in the campus ● Audit of drinking water on campus (bottled water) ● Constructing/Increasing no. of Rain Water Harvesting pits in the campus ● Fixing leaky taps ● Recycling water (grey, brown and black) ● Activities for recharging dry borewells 	Dr. Joby Paul 9562674960 jobypaulses@gmail.com
6.	WATER MANAGEMENT (COMMUNITY/A DOPTED VILLAGES - To Promote Rural Social Entrepreneurship and Community Engagement)	<ul style="list-style-type: none"> ● Audit of water sources in the village ● Audit of drinking water in the village ● Setting up soak pits ● Constructing/Increasing no. of Rain Water Harvesting pits in the villages ● IEC and flow chart for fixing leaky taps ● Recycling water (grey, brown and black) ● Activities for recharging dry borewells ● Constructing check dams ● Converting villages into water plus areas ● Partner with local NGOs and CSR organizations in this field 	Antony John E F 8086494317 antonyjohnef@gmail.com



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7.	ENERGY MANAGEMENT (CAMPUS)	<ul style="list-style-type: none"> ● Audit of energy efficient heating, cooling, lighting and water systems in the campus ● Audit of building wise monthly use of electricity ● Incentivize reduced electricity usage by depts/buildings ● Create short-term and long-term plan for the use of solar energy on the campus ● Cycles on the campus (reducing carbon footprints) ● Reducing carbon footprints via intelligent Purchase Standard Operating Procedures(SOPs) ● Partner with local NGOs and CSR organizations in this field 	Dr. Thomas M T 9447901961 thomastbgr@gmail.com
8.	ENERGY MANAGEMENT (COMMUNITY/A DOPTED VILAGES - To Promote Rural Social Entrepreneurship and Community Engagement)	<ul style="list-style-type: none"> ● Wind and Solar Energy Plants ● Creating Sustainable Rural Energy Plans ● Survey of CFL/ LED lamps, electric fan regulator and electronic ballast for tube light to conserve electricity ● Frictionless foot valves to considerably reduce the consumption of diesel in running the pump sets. ● Feasibility of using rechargeable battery-operated systems across various occupations and institutions ● Mechanical washing machines to empower women ● Awareness camps on energy efficient electrical appliances ● Partner with local NGOs and CSR organizations in this field ● IEC about benefits of related government Programmes 	Dr. Joe Kizhakkoodan 9495355673 joekiz83@gmail.com
9.	GREENERY (CAMPUS)	<ul style="list-style-type: none"> ● Setting up a nursery/kitchen garden ● Setting up a seed bank ● Setting up a compost pit ● Researching trees that take up minimal water and are good for the ecosystem (local, resilient species)and planting them during monsoon and taking care of them (Vanamahotsav) ● Landscaping in the campus ● Use of organic manure for the plants ● New buildings on the campus will follow green building norms 	Dr. Daisland Thattil 9496361122 daijodai@rediffmail.com
10.	GREENERY (COMMUNITY/A DOPTED VILLAGES - To Promote Rural Social	<ul style="list-style-type: none"> ● Growing Miyawaki forests/Nakshatravanam on barren land/Village Greenery Programme ● Eco friendly agricultural practices ● Smokeless Stoves ● Village landscaping ● Documenting indigenous knowledge 	Dr. C.F. Binoy 8921645795 drcfbinoy@gmail.com



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	Entrepreneurship and Community Engagement)	<ul style="list-style-type: none"> ● Partner with local NGOs and CSR organizations in this field ● Lok Vidya 	

We will observe a minimum of three of the following Environment, Entrepreneurship & Community Engagement Related Days to inculcate and internalize in our faculty, students and community, the values of Mentoring, Social Responsibility, Swachhta and Care for Environment and Resources (tick any three)


#	Day	Date	
1.	National Youth Day	Jan 12	Yes
2.	International Mentoring Day	Jan 17	Yes
3.	Global Community Engagement Day	Jan 28	
4.	World Wetlands Day	Feb 2	Yes
5.	World CSR Day	Feb 18	
6.	World NGO Day	Feb 27	
7.	World Water Day	Mar 22	Yes
8.	CSR Day India	Apr 1	
9.	Earth Day	April 22	yes
10.	World Environment Day	June 5	Yes
11.	No Plastic Day	July 3	
12.	World Population Day	July 11	Yes
13.	World Entrepreneurs Day	Aug 21	
14.	World Habitat Day	1 st Monday of October	
15.	National Mentoring Day	Oct 27	yes
16.	Women's Entrepreneurship Day	Nov 19	yes
17.	World Toilet Day	Nov 19	
18.	National Pollution Control Day	Dec 2	
19.	World Soil Day	Dec 5	yes

Date:

Digital Signature of Principal (Convenor of SES REC Institution) with Digital Institutional Seal

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 Dr. Joy K. L.
 Principal
 St. Thomas' College
 (Autonomous)
 Thrissur - 680 001