

21 JUNE 2020

ST. THOMAS COLLEGE (AUTONOMOUS), THRISSUR

NEWSLETTER



Kerala State Council for Science Technology and Environment
Sasthra Bhavan, Pattom, Thiruvananthapuram - 695004
www.kscste.kerala.gov.in

KSCSTE Research Fellowship Examination 2019 Results

LIFE SCIENCE

General

Sl No	Roll No	Name of Candidate
1	455	RAHANA P. A
2	630	KARTHIKA T
3	385	ANJANA N
4	604	ALINA ANN JOSEPH
5	178	ROSHNI A.S
6	395	Arya J
7	423	JASMINE MARIYA A J
8	605	ANJANA LOKANATHAN M K
9	424	JEENA ROSE PIOUS
10	637	Namitha George
11	469	SHILPA K.R
12	623	DONA EYOBE

**MS. RAHANA PA
OF ZOOLOGY
2018-19 BATCH
SECURED
KSCSTE
FELLOWSHIP.**

മനോരമ ബുക്സ് കവിത മഴയിൽ ശ്യാം സുധാകർ

മനോരമ ലേഖകൻ
JUNE 20, 2020 04:21 PM IST



മലയാളത്തിലെ പ്രമുഖ കവികൾ അണിനിരക്കുന്ന 'കവിതമഴ'യുമായി മനോരമ ബുക്സ്. കവികൾ സ്വന്തം കവിതകളുമായി ഓൺലൈനിൽ...

SHARE

Dr. Syam Sudhakar, Assistant Professor, Department of English was featured in a programme organised by Manorama Books. Renowned poets in Malayalam were featured in the programme and Dr. Syam Sudhakar rendered his own poems.



INTERNATIONAL YOGA DAY 21 JUNE 2020
ST THOMAS COLLEGE, THRISSUR
NCC UNIT (1st COY) 23(K)BN



International Yoga Day was celebrated by NCC Unit of the College on 21 June 2020. Cadets practiced from their home due to the restrictions in the context of Covid 19.



YOGA @ HOME



YOGA WITH FAMILY

Yoga is the Golden key that unlocks the door to peace, tranquility and joy. The disruption caused by the covid-19 pandemic is inexplicable and amidst all these chaos, yoga helps us to deal with increased anxiety and the long term benefits of yoga are many. This year we, the volunteers of NSS units 42 and 144 of our college cordially invite you to join us virtually to commemorate International Yoga Day on 21st June 2020 along with your family.

**NSS UNITS
42 & 144**

**ST THOMAS COLLEGE
(AUTONOMOUS) THRISSUR**

NSS Unit of our College virtually commemorated International Yoga Day on 21 June 2020. Volunteers practiced yoga from home with family due to the restrictions in the context of Covid 19.